

Wild Ride

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Mark Cosenza (USA)
音樂: Wild One - BR5-49



JUMP FORWARD RIGHT, LEFT, ROTATE HIPS, SWEEP ¼ RIGHT, STEP LEFT, RIGHT

&1 Jump forward right, left and rotate hips right, left
&2 Rotate hips right, left
&3 Rotate hips right, left
&4 Rotate hips right, left
5-6 Sweep right foot out to the side and back turning ¼ right (2-counts) (keep left foot pointing towards original wall)
7 Hold
&8 Step left foot to new wall, touch right foot next to left foot

JUMP FORWARD RIGHT, LEFT, JUMP BACKWARD RIGHT, LEFT, TWIST RIGHT, LEFT, RIGHT, LEFT

9&10 Jump forward right & left pointing both feet at a 45 degree angle to the right, hold
11&12 Jump backward left & right pointing both feet at a 45 degree angle to the left, hold
13-14 Twist heels left, twist heels right
15-16 Twist heels left, twist heels right

For added style: During twists, bend knees down 2 counts and up two counts

POINT RIGHT HAND & RIGHT KNEE, ROTATE ¼ RIGHT, SHUFFLE RIGHT-LEFT-RIGHT, KICK BALL CROSS, ROTATE ¼ LEFT

17-20 Point right hand and right knee forward and rotate ¼ right (in 4 equal counts)
21&22 Right shuffle forward: step forward with right & step together with left, step forward with right
23 With the body facing diagonally left, kick left forward to left diagonal
&24 Rock back on ball of left, step right across in front of left and rotate ¼ left

STEP LEFT SIDE, CROSS, STEP LEFT SIDE, CROSS, ½ TURN LEFT

25-26 Step left foot out to left side, hold
27-28 Cross right foot over left, hold
29-30 Step left foot out to left side, hold
31 Cross right foot over left
32 Unwind ½ turn to the left

REPEAT

In order for the dance to fit the phrasing of the music, When facing Wall 1 the second time, only do counts 17-32. You should then begin the dance again at Wall 3