

Wild One

COPPER KNOB
STEPSHEETS

拍數: 64
編舞者: Kerry & Sherry
音樂: Wild One - BR5-49

牆數: 4

級數: Intermediate



ROCK, ROCK, ½ TURN, HOLD, ROCK, ROCK, ½ TURN, HOLD

- 1-2 Rock forward on right, rock back on left
- 3-4 Turn ½ turn right stepping forward on right, hold for 1 count
- 5-6 Rock forward on left, rock back on right
- 7-8 Turn ½ turn left stepping forward on left, hold for 1 count

ROCK, ROCK, ½ TURN, HOLD, WALK, WALK, SWIVEL, SWIVEL

- 1-2 Rock forward on right, rock back on left
- 3-4 Turn ½ turn right stepping forward on right, hold for 1 count
- 5-6 Walk forward on left, walk forward on right
- 7-8 Swivel heels right turning body ¼ turn left, swivel heels left turning body ¼ turn right

VINE LEFT, TOUCH, STEP, TOUCH, STEP, TOUCH

- 1-4 Step left to left, cross right behind left, step left to left, touch right beside left
- 5-6 Step right to right side while twisting right on ball of left (left heel to left), touch left beside right with a clicking of fingers
- 7-8 Step left to left side while twisting left on ball of right (right heel to right), touch right beside left with a clicking of fingers

VINE LEFT, TOUCH, STEP, TOUCH, STEP, TOUCH

- 1-4 Step right to right, cross left behind right, step right to right, touch left beside right
- 5-6 Step left to left side while twisting left on ball of right (right heel to right), touch right beside left with a clicking of fingers
- 7-8 Step right to right side while twisting right on ball of left (left heel to left), touch left beside right with a clicking of fingers

BALL CHANGE, HIP, CLAP, BALL CHANGE, HIP, CLAP

- &1 Step back on ball of left stepping slightly forward on right pushing hips back (weight on left)
- 2 Push hips forward shifting weight to right clapping hands above head & slightly forward
- &3 Step back on ball of left stepping slightly forward on right pushing hips back (weight on left)
- 4 Push hips forward shifting weight to right clapping hands above head & slightly forward (body faces 45 degrees left for the above four steps, feet should point forward, all four counts danced on the spot)

HEEL & HEEL & STEP, ½ TURN PIVOT

- 1&2 Touch left heel forward, jump left beside right touching right heel forward
- &3-4 Jump right beside left, stepping forward onto left, pivot ½ turn right taking weight onto right

STEP, PIVOT, FORWARD SHUFFLE, ½ TURN, ½ TURN FORWARD SHUFFLE

- 1-2 Step forward on left, pivot ½ turn right
- 3&4 Shuffle forward left-right-left
- 5-6 On ball of left turn ½ turn left stepping back on right, on ball of right turn ½ turn left stepping forward left
- 7&8 Shuffle forward right stepping right-left-right

¼ TURN VINE LEFT, STOMP, HOLD

- 1-2 Turn ¼ turn left stepping left to left side, cross right over left

- 3-4 Step left to left side, cross right behind left
- 5-6 Step left to left, cross right over left
- 7-8 Stomp left to left side leaning body left and extending arms to sides (left arm to left side & slightly down, right arm to right side & slightly raised), hold

CROSS ROCK, ROCK, STEP, KNEE POPS AND CLICKS

- 1-3 Cross/rock right over left, rock back onto left, step right to right side
- 4 Pop right knee inwards towards left raising right heel (click fingers of right hand at waist turning head sharply to right)
- 5 Drop right heel and straighten right leg (move right hand to front elbow to waist & turn head sharply to front)
- 6 Pop right knee inwards towards left raising right heel (click fingers of right hand at waist turning head sharply to right)
- 7 Drop right heel and straighten right leg (move right hand to front elbow to waist & turn head sharply to front)
- 8 Pop right knee inwards towards left raising right heel (click fingers of right hand at waist turning head sharply to right)

REPEAT

TO FINISH DANCE WITH MUSIC

On wall 6, do first 14 counts. Then turn ¼ turn right to face home wall. Stomp left to left, right to right, 3 knees right-left-right (Elvis knees)
