The Wig Walk

拍數: 32

級數: Beginner

編舞者: Jan Brookfield (UK)

音樂: Tennessee Wig Walk - Bonnie Lou

HEEL SPLITS, TOE SPLITS, (STEP, TOUCH & CLAP) TWICE

- 1-2 Weight on toes, push both heels out, in
- 3-4 Weight on heels, push toes out, in
- 5-6 Step right forward, touch left toes next to right (clap)
- 7-8 Step left forward, touch right toes next to left (clap)

VINES RIGHT AND LEFT

- 9-12 Step right to side, step left behind right, step right to side, scuff left heel forward
- 13-16 Step left to side, step right behind left, step left to side, scuff right heel forward

ROCKS FORWARD, BACK, SIDE, CROSS

- 17-18 Step forward on right, rock back onto left
- 19-20 Rock back on right, rock forward onto left
- 21-22 Rock on right to side, rock onto left in place
- 23-24 Step right across in front of left, hold for one count

(PADDLE QUARTER TURNS) X 3, STOMP, STOMP

- 25-26 Step on left to side, making quarter turn right transfer weight onto right
- 27-30 Repeat steps for 25-26 twice more

You have now made a three quarter turn to right

31-32 Stomp left in place, stomp right in place

REPEAT





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牆數: 4