Wicked Wild West

拍數: 48

級數: Improver

編舞者: Pam Pike (UK)

音樂: Wild Wild West - Will Smith

Thanks to Chris for the first 4 counts and to Lesley for the Title

STEP, HOLD, QUARTER TURN & SAILOR STEPS

- 1-2 Step right foot forward, hold (you can click your fingers once on the hold step)
- 3&4& Twist heels right starting to make a ¼ turn left, twist back to place, twist heels right completing ¼ turn left, twist back to place (weight on left foot)
- 5&6 Right sailor step (step right foot behind left, step left foot to left side, step right next to left)
- 7&8 Left sailor step (step left foot behind right, step right foot to right side, step left next to right)
- 9-16 Repeat counts 1-8 once

KICK BALL STEP, STEP, HALF TURN

- 17&18 Kick right foot forward, step ball of right foot next to left, step left foot forward
- 19-20 Step right foot forward, pivot ½ turn left (weight onto right foot)
- 21&22 Kick left foot forward, step ball of left foot next to right, step right foot forward
- 23-24 Step left foot forward, pivot ½ turn right (weight onto left foot)

SHUFFLE BACK, TURNING SHUFFLE FORWARD

- 25&26 Right shuffle back (step back on right, step left next to right, step back on right)
- 27-28 Step back on left foot, replace weight onto right foot
- 29&30 Turning left shuffle forward (step left foot forward starting to turn right, step right next to left completing ½ turn right, step back on left)
- 31-32 Step back on right foot, replace weight onto left foot

HIP BUMPS AND KNEE BENDS

- 33&34 Step right foot to right side bumping right hip out to right side, bump left hip to left side, bump right hip to right side
- 35&36 Step left foot to left side bumping left hip out to left side, bump right hip to right side, bump left hip to left side
- 37&38 Bend both knees inward, bend both knees out, bend both knees inward,
- &39&40 Bend both knees out, bend both knees inward, bend both knees out, bend both knees inward (weight on left foot)

POINT, CROSS, UNWIND & QUARTER TURN JAZZ BOX

- 41-42 Point right foot to right side, cross right foot in front of left
- 43-44 Unwind making a ½ turn left, point left foot to left side
- 45-48 ¹/₄ turn jazz box (cross left foot in front of right, step back on right foot, step left foot to left side making ¹/₄ turn left, scuff right foot forward)

REPEAT





牆數:4