

Wicked Smooth

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate/Advanced
編舞者: Wanda Grooms (USA)
音樂: Smooth (feat. Rob Thomas) - Santana



ROCK, ¼ TURNING TRIPLE, ½ PIVOT, TRIPLE

1-2 Rock forward onto right foot, recover on left
3&4 Triple step right-left-right making ¼ turn to the right
5-6 Step left foot forward, pivot ½ turn to the right on ball of right foot
7&8 Triple forward left-right-left

HEEL SWITCHES, &, ½ TURN, STEP, BRUSH

1&2& Extend right heel forward, return right foot home, extend left heel forward, return left foot home
3-4 Extend right heel forward, hold
&5-6 Return right foot home with weight, step left foot forward, pivot ½ turn to the right
7-8 Step left foot slightly forward, brush right foot by left

RIGHT SHUFFLE, FULL TURN, STEP SLIDE

1&2 Side shuffle right-left-right,
3-4 Step left over left ½ turn to right, step right around ½ turn to complete full turn
5-6 Step left foot forward at 45 degrees, slide right up slightly behind left
7-8 Step left foot forward 45 degrees, slide right to left with weight remaining on left (put some hip into those slides!!)

SIDE STEP RIGHT, LEFT SHUFFLE ¼ TURN, HALF TURN, ¼ STEP BRUSH

1-2 Step right to right side, step left next to right
3&4 Side shuffle right-left-right making ¼ turn to the right
5-6 Step left foot forward, pivot ½ turn to the right on ball of right foot
7-8 Step left foot over right ¼ turn to the right, brush right by left

TOE HEEL STRUTS WITH SHOULDER SHIMMY, SIDE TOE TOUCHES

1-2 Touch right toe slightly forward, step down on right foot
3-4 Touch left toe slightly forward, step down on left foot
5-6& Touch right foot out to right side, hold (&) step right foot home
7-8 Touch left foot out to left side, hold

SIDE STEP LEFT TOGETHER, LEFT SHUFFLE, CROSS ROCK, ½ TURN

1-2 Step the left foot to the left, step right next to left
3&4 Side shuffle to left left-right-left
5-6 Rock right foot across left, recover on left
7-8 Swing right foot around to the right ½ turn, step left next to right

HIP BUMPS, TO THE RIGHT HIP ROLLS

1-3 Bump hips to the left twice, bumps hips to the right twice
5-8 Roll hips to the right (right to left) motion for 4 counts, ending with weight on left foot

REPEAT