

Why Go?

拍數: 44 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK)
音樂: Why Go? (feat. Estelle) - Faithless



TOUCH BALL ¼ TURN LEFT, SHUFFLE, ROCK STEP, TRIPLE FULL TURN LEFT

1&2 Touch right toe forward, turn ¼ left stepping down on the ball of the right, step forward on left
3&4 Shuffle forward on right, left, right
5-6 Rock forward on to left, recover back on to right
7&8 Triple full turn left on the spot stepping on left, right, left

ROCK FORWARD, TURN BACK ¾ RIGHT, ROCK BACK, STEP RIGHT, STEP BEHIND

1-2 Rock forward on right, rock back on left
3-4 Turn ½ right stepping forward on right, turn ¼ right stepping left to the left side (facing 6:00)
5-6 Cross rock back on right, recover on to left
7-8 Step right to right side, step left behind right

CROSS STEP, SIDE STEP, BALL SIDE, HOLD, BALL SIDE ROCK WITH ¼ TURN RIGHT, SHUFFLE

1 Cross step right over left, (push palm of right hand forward to left diagonal)
2 Step left to left side, (push palm of left hand forward to right diagonal), arms now crossed
&3 Step right next to left, step left to left side, (uncross arms and push palms forward shoulder width apart)

All arm movements are pushed forward at chest height

4 Hold the foot work and drop arms down to the sides
&5-6 Step right next to left, rock out on left to left side, recover on to right with a ¼ turn right
7&8 Shuffle forward on left, right, left (facing 9:00)

STEP, TOUCH FORWARD, TOUCH BACK, PIVOT ½ TURN, DIAGONAL STEP, SAILOR STEP, CROSS ROCK

1-2-3 Step forward on right, touch left toe forward, touch left toe back
4-5 Pivot ½ turn left, step right forward to right diagonal
6&7 Cross step left behind right, step right to right side, step left forward to left diagonal
8-1 Cross rock on right over left, recover back on to left

FULL TURN RIGHT WITH SIDE ROCK, WEAWE LEFT, STEP LEFT

2-3 Turn ¼ right stepping forward on right, turn ½ right stepping back on left
4-5 Turn ¼ right rocking on right out to right side, recover on to left, (facing 3:00)
6&7 Cross step right behind left, step left to left side, cross step right over left
8 Step left to left side

SLIDE IN RIGHT, BALL CROSS, SIDE STEP, TOGETHER

1 Slide right in towards left but keeping the weight on left
&2 Step down on ball of right, cross step left over right
3-4 Step right out to right side, step left next to right

REPEAT