

Why Ain't I Running

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 4 級數:
編舞者: Warren Mitchell (AUS)
音樂: Why Ain't I Running - Garth Brooks



- 1&2 Shuffle forward right-left-right
3-4 Rock left forward, step right on spot
5&6 Step left back, step right together, step left forward (coaster)
7-8 Step right forward making $\frac{1}{2}$ pivot to left
- 1-2 Rock right to right, step left on spot
&3-4 Cross right over left, rock left to left, step right on spot
&5-6 Cross left over right, touch right to right, bring right together making $\frac{1}{2}$ turn right
7-8 Touch left to left, step left together
- 1&2 Shuffle to right side right-left-right
3-4 Rock left forward, step right on spot
5&6 Shuffle to left side left-right-left
7&8 Make $\frac{1}{2}$ turn to right with weight on left then shuffle to right side right-left-right
- 1-2 Rock left forward, step right on spot
3-4 Make $\frac{1}{4}$ turn to left then step left forward, make $\frac{1}{2}$ turn to left then step right back
5-6 Make $\frac{1}{4}$ turn to left then step left to left side, hold
7-8 Rock right forward, step left on spot
- 1-2 Make $\frac{1}{4}$ turn to right then step right forward, hold
3 Make $\frac{1}{2}$ turn to right then step left back
4 Make $\frac{1}{2}$ turn to right then step right forward
5&6 Shuffle left forward left-right-left
7-8 Step right forward making $\frac{1}{2}$ pivot to left
- 1&2 Touch right heel forward, bring right together, touch left heel forward
&3 Bring left together, touch right heel forward
&4 Brush right heel in-front of left leg, touch right heel forward
&5 Bring right together, touch left heel forward
&6 Bring left together, touch right heel forward
&7 Bring right together, touch left heel forward
&8 Brush left heel in-front of right leg, touch left heel forward
& Bring left together

REPEAT

TAG

- 1-2-3&4 Rock right forward, step left on spot, step right back, step left together, step right forward (right coaster)
5-6-7&8 Rock left forward, step right on spot, step left back, step right together, step left forward (left coaster)
1-2-3-4 Step right forward making $\frac{1}{2}$ pivot to left, step right forward making $\frac{1}{2}$ pivot to left
1-2-3&4 Rock right forward, step left on spot, step right back, step left together, step right forward (right coaster)

5-6-7&8 Rock left forward, step right on spot, step left back, step right together, step left forward (left coaster)

1-2-3-4 Step right forward making $\frac{1}{2}$ pivot to left, step right forward making $\frac{1}{2}$ pivot to left

Start dance from beginning
