

Whoosh

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bill Bader (CAN)
音樂: Mayibuye I Africa - Chimora



SIDE ROCK, CROSS SHUFFLE, SIDE, BACK ¼ TURN, CROSS SHUFFLE

- 1-2 Rock step right to right side, rock step onto left
- 3&4 Cross step right over left, step left to left side, cross step right over left
- 5-6 Step left to left side, turn ¼ right with a step back on right (3:00)
- 7&8 Cross step left over right, step right to right side, cross step left over right

TURN ¼ LEFT, TURN ¼ LEFT, CROSS SHUFFLE TURNING ¼ LEFT, ROCK FORWARD-BACK, LOCK SHUFFLE BACK

- 1-2 Step right to right side turning ¼ left, step left back turning ¼ left (9:00)
- 3&4 Cross Shuffle RIGHT over LEFT gradually turning ¼ left (6:00)
- 5-6 Rock step left forward, rock step back on right
- 7&8 Step left back, lock step right back over left, step left back

½ TURN BACK, FORWARD, COASTER FORWARD-TOGETHER-BACK, BACK, TOUCH, KICK-BACK-FORWARD

- 1-2 Step right back turning ½ right, step left forward (12:00)
- 3&4 Step right forward, step left beside right, step right back
- 5-6 Large step left back, touch right toe slightly forward
- 7&8 Modified kick-ball-change: kick right toe forward, step right slightly back, step left slightly forward

As you step back on right, bring the right shoulder back to prep for the upcoming spin

SPIN FORWARD, STEP FORWARD, SHUFFLE FORWARD, CROSS, SIDE, PIVOT ¼ LEFT, HITCH/"WHOOSH"

- 1 Step right forward spinning 360 left (unofficial variation: small step forward.)
- 2 Step left forward
- 3&4 Shuffle forward on right-left-right
- 5 Cross step left over right
- 6 Step right to right side
- 7 Pivot ¼ turn left onto left (9:00)
- 8 Hitch right knee up with the following hand action: with both hands, slap the right knee on both sides of the knee following through with both arms in large circles outward ("whoosh!")

REPEAT

When dancing to "Old Country" by Mark Chesnutt, Restart after the Kick-Back-Forward of the 5th repetition.