Whoops

拍數: 64

級數: Intermediate

編舞者: Paula Bilby (UK)

音樂: Whoops - Buddy Jewell

Start position: body facing slightly right. (1:00)

SCUFF FORWARD, STEP BACK, IN FRONT, SIDE, BEHIND, SIDE, ROCK STEP

- 1-2 Scuff right heel forward, (raising knee) step back on right foot
- 3-4 Step left across in front of right, step right foot to right side
- 5-6 Step left behind right, step right to right side
- 7-8 Cross rock left over right, recover weight on right

1⁄4 TURN LEFT, TWO SHUFFLES, ROCK STEP, COASTER BACK

- 1&2 Turning ¼ turn left shuffle forward left together left
- 3&4 Shuffle forward, right together right
- 5-6 Rock step left forward, recover weight back on right
- 7&8 Step back on left, step right next to left, step forward on left

SIDE, BEHIND, SIDE, TURN ½, SIDE BEHIND & IN FRONT, SCUFF

- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, on the ball of right with left knee raised turn ½ right
- 5-6 Step left to left side, step right behind
- &7-8 Step left in place, cross right in front of left, scuff left heel forward

STEP SCUFF, STEP SCUFF, JAZZ BOX ¼ TURN LEFT

- 1-2 Step forward on left, scuff right
- 3-4 Step forward on right, scuff left
- 5-6 Cross left over right, step back on right foot
- 7-8 Step left foot to left making ¼ turn left, step on right next to left

HEEL GRIND SAILOR SHUFFLE, HEEL GRIND RIGHT SAILOR SHUFFLE ¼ TURN RIGHT

- 1-2 Left heel grind forward
- 3&4 Left behind right, right to right side, step left next to right
- 5-6 Right heel grind forward
- 7&8 Right behind left, step left to left side making ¼ turn right, step right next to left

SHUFFLE FORWARD, ROCK RECOVER, STEP BACK, KICK & CROSS UNWIND

- 1&2 Left shuffle forward, left together left
- 3-4 Rock step right forward, recover back on left
- 5-6 Step back on right, kick left forward
- &7-8 Step left in place, cross right in front of left, unwind ¹/₂ turn left (weight on right)

BRUSH BRUSH CHASSE LEFT, BRUSH BRUSH CHASSE RIGHT

- 1 Brushing the ball of the left foot across the front of right foot towards right wall
- 2 With the same move turn the left foot left, brushing the ball of the left foot to left wall
- 3&4 Step left to left side, step right next to left, step left to left side
- 5 Brushing the ball of the right foot across the front of left foot towards left wall
- 6 With the same move turn the right foot right, brushing the ball of the light to right wall
- 7&8Step right to right side, step left next to right, step right to right side

CROSS ROCK, SHUFFLE ¼ TURN, STEP ½ TURN, STEP ½ TURN





牆數:2

- 1-2 Cross rock left in front of right, recover weight back on right
- 3&4 Step left forward making ¼ turn left, step right next to left, step forward on left
- 5-6 Step forward on right turn ½ turn left
- 7-8 Step forward on right turn ½ turn left

REPEAT

TAG

When using the track "Whoops" by Buddy Jewell, there will be a four count tag the end of the third section. You will be facing back wall

1-4 Bump hips right, left, right, left

Start dance again to back wall