

The Whole Shebang

COPPER KNOB
BY STEPHEN SUNTER

拍數: 32 牆數: 4 級數: Improver
編舞者: Stephen Sunter (UK)
音樂: I Will... But - SHeDAISY



JAZZ BOX, MOVE BODY RIGHT, DIAGONAL DOWN, RIGHT, DIAGONAL UP, RIGHT, LEFT, TOUCH

- 1&2 Cross step right over left, step back left, step right to right side
- 3 Feet apart and hands on thighs, bending right knee move shoulders right
- 4 Bending left knee, move shoulders diagonally downward to left
- 5 Keeping knees bent move shoulders right
- 6 Straighten right leg and move shoulders diagonally upward to left
- 7 Bending right knee straightening left, move shoulders right
- 8 Move shoulders left and bring right toe to touch next to left

POINT, ½ TURN, KICK, STEP BACK, BUMP, BUMP

- 1-2 Point right to right side, pivot ½ turn right on ball of left and step right next to left
- 3-4 Kick left forward, step back left
- 5 Point right toe back on a diagonal and bump hips up and to the right
- 6 Step right forward
- 7 Point left toe back on a diagonal and bump hips up and to the left
- 8 Step left forward

POINT, ½ TURN ROCK, 1 ½ TURN LEFT, RIGHT SHUFFLE

- 1-2 Point right to right side, pivot ½ turn right on ball of left and step right next to left
- 3-4 Rock forward left, replace weight to right
- 5&6 Make a 1 ½ turn backward and over left shoulder on left, right, left
- 7&8 Shuffle forward right, left, right

ROCK, SWITCH, STEP BACK, REVERSE ½ PIVOT RIGHT, STEP ¼ PIVOT, CROSS, POINT

- 1-2 Rock forward left, replace weight to right
- &3 Step left next to right, step back right
- 4 Pivot ½ turn right
- 5-6 Step left forward, pivot ¼ right
- 7-8 Cross step left over right, point right out to right side

REPEAT
