

The Whole Shebang

拍數: 32 牆數: 4 級數: Intermediate
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音樂: I Will... But - SHeDAISY



LEFT-HEEL-AND-STEP, RIGHT-HEEL-AND-STEP; STEP LEFT, LOCK, LEFT-LOCK-LEFT

- & Left foot steps to left side
- 1 Right heel touches forward and slightly right angling body to the right
- & Right foot steps home (body centers)
- 2 Left foot steps slightly forward
- & Right foot steps to right side
- 3 Left heel touches forward and slightly left angling body to the left
- & Left foot steps home (body centers)
- 4 Right foot steps slightly forward
- 5 Left foot steps forward
- 6 Right foot locks in behind left foot
- 7 Left foot steps forward
- & Right foot locks in behind left foot
- 8 Left foot steps forward

STEP, PIVOT $\frac{3}{4}$, PRESS-ROCK-CROSS, LEFT KICK-BALL-CROSS, PRESS-ROCK-CROSS

- 1 Right foot steps forward
- 2 Pivot $\frac{3}{4}$ turn to left ending with weight on left foot
- 3 Rock onto ball of right foot (press) to right side
- & Rock (recover) onto left foot
- 4 Right foot crosses in front of left foot taking weight
- 5 Left foot kicks forward low to floor
- & Left foot steps on ball of foot next to right foot
- 6 Right foot crosses in front of left foot taking weight
- 7 Rock onto ball of left foot (press) to left side
- & Rock (recover) onto right foot
- 8 Left foot crosses in front of right foot taking weight

KICK-BALL-CROSS, CHASSE RIGHT, CROSS, UNWIND $\frac{1}{2}$, BUMP, HOME

- 1 Right foot kicks forward low to floor
- & Right foot steps on ball of foot next to left foot
- 2 Left foot crosses in front of right foot taking weight
- 3 Right foot steps to right side
- & Left foot slides in next to right foot taking weight
- 4 Right foot steps to right side
- 5 Left foot crosses behind right foot (weight still on right foot)
- 6 Unwind $\frac{1}{2}$ turn to left ending with weight on left foot
- 7 Right foot touches to right side as right hip bumps up and to the right
- 8 Right foot touches home, knees bend slightly as hip returns to center

BUMP, STEP, BRUSH-SCOOT-STEP, COASTER STEP, WALK LEFT, RIGHT

- 1 Right foot touches to right side as right hip bumps up and to the right
- 2 Right foot steps next to left foot
- 3 Left foot brushes forward low to floor
- & Left knee hitches up as you scoot back on right foot
- 4 Left foot steps back

- 5 Right foot steps back
- & Left foot steps next to right foot
- 6 Right foot steps forward
- 7 Left foot steps forward
- 8 Right foot steps forward

REPEAT
