

Whole Heartedly

COPPER KNOB
STEPSHEETS

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Bernard Williams (UK)
音樂: That's the Only Way - Alecia Elliott



KICK, BACK BUMP 2, 3, STEP TURN SHUFFLE

1-2 Kick right forward step right back
3&4 Hip bumps left right left
5-6 Step forward right pivot ½ turn left
7&8 Step forward right close left next to right step forward right

KICK, BACK BUMP 2,3, STEP TURN SHUFFLE

1-2 Kick left forward step left back
3&4 Hip bumps right left right
5-6 Step forward left pivot ½ turn right
7&8 Step forward left close right next to left step forward left

KICK & HEEL & SWEEP ½ TURN TOUCH, ROCK RECOVER CROSS STEP CROSS

1&2 Kick right forward step right back and left heel forward
&3-4 Step left in place sweep right ½ turn touch right next to left
5-6 Rock to right side step on to left
7&8 Cross right over left step left to left cross right over left

ROCK STEP ¼ TURN RIGHT, LEFT SHUFFLE, SWEEP ½ TURN CROSS SWEEP LEFT CROSS

1-2 Rock left to left turn quarter turn to the right stepping forward right
3&4 Step forward left close right next to left step forward left
5-6 Sweep right ½ turn, stepping right over left
7-8 Sweep left over right

ROCK BACK, ROCK FORWARD, STEP PIVOT

1-2 Rock back on the right, step forward on the left
3-4 Step right forward, pivot ½ turn left, replace weight on to the left

REPEAT
