

The Whole Deal

拍數: 36 牆數: 4 級數: Improver
編舞者: Bonnie Savo (CAN)
音樂: What Do You Know About Love - Dwight Yoakam



RIGHT TOE FANS, LEFT KNEE ROLLS

1-4 Fan right toe to the left, right, left, center
5-8 Raise left heel to roll knee in (towards right), out, in, out

TOE, HEEL, SHUFFLE, TOE, HEEL, SHUFFLE

9-10-11&12 Tap left toe to right instep, tap heel out slightly forward, moving forward shuffle left, right, left
13-14-15&16 Tap right toe to left instep, tap heel out slightly forward, moving forward shuffle right, left, right

PROGRESSIVE JAZZ BOXES, SIDE SHUFFLE

17-20 Step back on left, step side right, cross left over right, step back right,
21-22-23&24 Step side left, cross right over left, shuffle to the left side, left, right, left

¼ TURN RIGHT, ROCK BACK, HOOK LEFT, SHUFFLE FORWARD

25-25-27&28 Weight on left, turn ¼ right as you rock back on right, hook left over right ankle so left toe taps the floor, shuffle forward left, right, left

DWIGHT SWIVELS, JAZZ BOX

29-32 Right foot swivels, toe in, heel out, toe in, heel out while traveling right, left foot moves right by shifting weight from heel, toe, heel, toe (same time as right)
33-36 Cross right over left, step back on left, step side right, step forward left (or hop forward on both feet)

REPEAT

TAG

When using the suggested music a small tag of 4 counts is recommended after the 3rd and 6th repetitions by bumping hips right twice and left twice
Easy for beginners, counts 29 to 32 can be done with right foot only
