

Whoa!

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kate Brick
音樂: Whoa - Lil' Kim



SIDE, PULL ARM BUMP, PUNCH SOUTH, BUMP, SIDE CROSS, SIDE KICK ¼ TOE STRUT

- 1 Step right to right side
& With right fist in front of left shoulder forming a horizontal line, force right elbow to right side while bumping hips right sharply
2 Punch right fist to the ground
& Bump hips left while holding the fist position (do not take weight onto left)
3-4-5-6 Step left to left, cross right over left, step left to left, kick right diagonally forward
7-8 Make ¼ turn right touching right toe forward, take weight onto right

SINGLE COUNTED JAZZ BOX, SYNCOPATED JAZZ BOX HOLD SCISSOR CROSS

- 1-2-3-4 Cross left over right, step back on right, step left to left, cross right over left
5&6& Cross left over right, step back on right, step left to left, cross right over left
7 Hold
8&1 Step left to left, close right, step left across right

¼ BACK, COASTER STEP, 2X ¼ PADDLES HOLD CROSS SIDE TOUCH

- 2 Make ¼ left stepping back right
3&4 Step back left, close right, step left forward
5-6 Make ¼ left touching right to right, make ¼ left touching right to right
7 Hold
&8-1 Cross right over left, step left long step to left, touch right next to left

The cross step on &8-1 should be emphasized almost into a jump

¼ FORWARD, ¼ ROCK & CROSS, TURN SWEEP BACK TOUCH, WALK WALK

- 2 Make ¼ right stepping right forward
3&4 Make ¼ right rocking left to left side, recover on right, cross left over right
&5 Step right a small step to right, sweep left behind right making ½ left
&6 Jump back onto left hitching right knee, touch right next to left
7-8 Walk forward right, left

REPEAT