

Who's Been Sleepin In My Bed

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner straight rhythm
編舞者: Linda Pink (AUS)
音樂: Who's Been Sleeping in My Bed - Glenn Frey



RIGHT HEEL-TOGETHER, LEFT HEEL-TOGETHER, RIGHT HEEL-TOGETHER, LEFT HEEL- TOGETHER

1-2 Touch right heel at 45 degrees, step right together
3-4 Touch left heel at 45 degrees, step left together
5-6 Touch right heel at 45 degrees, step right together
7-8 Touch left heel at 45 degrees, step left together

VINE RIGHT & TOUCH, VINE LEFT ¼ TURN & TOUCH

1-2 Vine: step right to the side, step left behind right
3-4 Step right to the side, touch left beside right
5-6 Vine: step left to the side, step right behind left
7-8 Turn ¼ turn left step left forward, touch right beside left

DOUBLE HIPS RIGHT, DOUBLE HIPS LEFT, HIPS RIGHT-LEFT-RIGHT-LEFT

1-2 Step right to right side & push hips 2 x right
3-4 Push hips 2 x left
5-6-7-8 Push hips right, left, right, left

VINE RIGHT & TOUCH, VINE LEFT ¼ TURN & TOUCH

1-2 Vine: step right to the side, step left behind right
3-4 Step right to the side, touch left beside right
5-6 Vine: step left to the side, step right behind left
7-8 Turn ¼ turn left step left forward, touch right beside left

REPEAT
