

Who's Back

拍數: 80 牆數: 1 級數: Beginner
編舞者: Edwin Cheow (MY)
音樂: Jack Is Back - Diamond Jack



SIDE TOE STRUT, CROSS TOE STRUT, SHUFFLE RIGHT ON RIGHT-LEFT-RIGHT, SIDE TOE STRUT, CROSS TOE STRUT, SHUFFLE LEFT ON LEFT-RIGHT-LEFT

1& Touch right to right, heel down on right (snap fingers)
2& Cross touch left over right, heel down on left (snap fingers)
3&4 Side shuffle right on right-left-right
5& Touch left to left, heel down on left (snap fingers)
6& Cross touch right over left, heel down on right (snap fingers)
7&8 Side shuffle left on left-right-left

CHARLESTON STEP, SCISSORS STEP RIGHT, SCISSORS STEP LEFT

1-2 Touch right forward, step right back
3&4 Coaster step backward left, hold
5&6 Step right to right, step left beside right, cross right over left
Optional: fingers wiggling right, push both hands forward on the last step
7&8 Step left to left, step right beside left, cross left over right
Optional: fingers wiggling left and push both hands forward on the last step

1-16 Repeat counts 1-16

WALK FORWARD 3 STEPS RIGHT-LEFT-RIGHT, SHIMMY FORWARD, SHIMMY BACKWARD, WALK BACKWARD 3 STEPS, STEP LEFT, STEP RIGHT

1&2 Walk forward right-left-right
3&4 Shimmy leaning forward, shimmy leaning backward
Optional: two fingers pointing at opposite partner
5&6 Walk backward right-left-right
7-8 Step left to left, step right to right
Hands pushing high up outward to left and right

WALK FORWARD 3 STEPS LEFT-RIGHT-LEFT, STEP RIGHT FORWARD AND SHIMMY FORWARD, SHIMMY BACKWARD, SHUFFLE BACKWARD ON RIGHT-LEFT-RIGHT, MAMBO LEFT

1&2 Walk forward left-right-left
3&4 Step right forward and shimmy leaning forward, shimmy leaning backward
Optional: two fingers pointing at opposite partner
5&6 Shuffle back on right-left-right
7&8 Step left to left, recover, step left beside right
Push both hands forward diagonally left, recover on the last step

VINE RIGHT, HOLD, KICK DIAGONALLY LEFT, VINE LEFT, HOLD, KICK DIAGONALLY RIGHT

1&2 Step right to right, cross left behind right, step right to right
&3&4 Cross left over right, step right to right, hold, kick left diagonally left
Throw hands up in the air and shout "wooh" at count 4
5&6 Step left to left, cross right behind left, step left to left
&7&8 Cross right over left, step left to left, hold, kick right diagonally right
Throw hands up in the air and shout "wooh" at count 8

VINE RIGHT, HOLD, KICK DIAGONALLY LEFT, INDIAN PADDLE FULL TURNS RIGHT

1&2 Step right to right, cross left behind right, step right to right

&3&4 Cross left over right, step right to right, hold, kick left diagonally left

Throw hands up in the air and shout "wooh"

5-8 Step on left, paddle turn over 4 counts to the right (full turn)

Arms: for attitude, spread your arms in a happy fashion

1-16 Repeat previous 16 counts in mirror steps

REPEAT
