

Who Is Alice?

拍數: 32 牆數: 4 級數: Improver
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音樂: Who the Hell Is Alice - Scooter Lee



HEEL STAND, STEP TOGETHER, GALLOP FORWARD

1-2 Step diagonally forward on right heel, step side on left heel

Your feet are now shoulder width apart

Easier option:

1-2 Step diagonally forward on right, step side on left

3-4 Step right foot home, step left beside right

5&6& Step right forward, step left together, step right forward, step left together

7&8 Step right forward, step left together, step right forward

½ PIVOT TURN RIGHT, SHUFFLE FORWARD, JAZZ BOX

9-10 Step left forward, turn ½ right

11&12 Step left forward, step right together, step left forward

13-16 Step right across left, step left back, step right to right side, step left forward

Harder option for jazz box:

13&14& Step right across left, scoot back right, step left back, scoot back left

15&16 Step right to right side, scoot right forward, step left forward

FORWARD, HOOK, BACK, TOGETHER, DIP DOWN AND UP, KICK BALL CROSS

17-20 Step right forward, hook left behind right knee, step left back, step right together

21-22 Bend knees and dip down, stand upright (weight on left)

Easier option:

21-22 Slap tights on count 21, snap fingers on count 22

23&24 Kick right forward, step right beside left, step left across right

During 1st, 6th and 11th wall restart dance from the beginning at this point

SIDE, ¼ TURN LEFT, ½ PIVOT TURN LEFT, ROCK STEP FORWARD AND BACK

25-26 Step right to right side, turn ¼ left and step left to left side

27-28 Step right forward, turn ½ left

29-30 Rock right forward, replace weight back to left foot

31-32 Rock right back, replace weight forward to left foot

REPEAT

OPTION:

Every time Scooter sings "Alice, Alice, who the heel is Alice" replace counts 29-32 with:

STAND ON SPOT, DON'T DO ROCK STEPS

29-30 Raise right arm to right side at shoulder height with palm upward and look to right, raise left arm to left side at shoulder height with palm upward and look to left

31-32 Looking forward lift shoulders up, lower shoulder down

RESTART

Restart after count 24 on walls 1, 6, and 11