

White Hot

COPPER KNOB
BY STEPHEN METELNICK

拍數: 68 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Burnin' The Roadhouse Down - Steve Wariner



Thanks to Rockin' Robin for the name & to Cathy C for road testing the dance down the hall!!

SLOW WALK FORWARD, RIGHT ROCK FORWARD & RECOVER TURNING ¼ RIGHT, TURN ¼ RIGHT & RIGHT FORWARD

- 1-4 Step right foot forward, hold, step left foot forward, hold
5-8 Step right foot forward and rock forward, recover weight on left foot turning ¼ right, turn ¼ right and step right foot forward, hold

SLOW WALK FORWARD, LEFT ROCK FORWARD & RECOVER TURNING ¼ LEFT, LEFT TO LEFT SIDE

- 1-4 Step left foot forward, hold, step right foot forward, hold
5-8 Step left foot forward and rock forward, recover weight on right foot turning ¼ left, step left foot to left side, hold

CROSS OVER TOE STEPS TRAVELING LEFT

- 1-4 Angling body slightly to the left cross touch right foot over left, step right foot down & snap left fingers, touch left toes to left side, step left foot down and snap left fingers
5-8 Repeat 1-4 (alternate steps-the music is fast & if you can't fit the cross toe steps in, change them to cross steps-cross over & then hold)

RIGHT CROSS ROCK & RECOVER, ¼ RIGHT AND RIGHT FOOT FORWARD, ¼ RIGHT & LEFT SIDE, LEFT TOGETHER, RIGHT SIDE, HOLD

- 1-4 Cross rock right foot over left, recover weight on left, turn ¼ right and step right foot forward, hold
5-8 Turning ¼ right step left foot to left side, step right foot together, step left foot to left side

CROSS OVER TOE STEPS TRAVELING LEFT

- 1-4 Angling body slightly to the left cross touch right foot over left, step right foot down & snap left fingers, touch left toes to left side, step left foot down and snap left fingers
5-8 Repeat 1-4 (alternate steps the same as in counts 17-24)

RIGHT CROSS ROCK & RECOVER, ¼ RIGHT AND RIGHT FOOT FORWARD, LEFT FORWARD, RIGHT TOGETHER, LEFT FORWARD, HOLD

- 1-4 Cross rock right foot over left, recover weight on left, step right foot to right side turning ¼ right, hold
5-8 Step left foot to left side, step right foot together, step left foot to left side, hold

RIGHT FORWARD, HOLD, ½ LEFT PIVOT TURN, HOLD, RIGHT FORWARD, LEFT TOGETHER, RIGHT FORWARD, HOLD

- 1-4 Step right foot forward, hold, pivot ½ left, hold
5-8 Step right foot forward, step left foot together, right foot forward, hold

LEFT FORWARD, HOLD, ½ RIGHT PIVOT TURN, HOLD, LEFT FORWARD, RIGHT TOGETHER, LEFT FORWARD, HOLD

- 1-4 Step left foot forward, hold, pivot ½ right, hold
5-8 Step left foot forward, step right foot together, step left foot forward, hold

¼ LEFT PIVOT & RIGHT TO RIGHT SIDE SLAPPING RIGHT THIGH, SLAP LEFT THIGH, CLAP, SNAP IT UP!

- 1 Pivot $\frac{1}{4}$ right on left foot while stepping right foot to right side & slap the front of your right thigh with your right hand (weight is on left foot)
- 2-4 Slap left thigh with left hand, clap hands, raise left hand up to head level and snap fingers

REPEAT
