

# White Flag

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Alison J. Austerberry (UK)  
音樂: White Flag - Dido



## SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

1-2            Skate forward diagonally right, skate forward diagonally left  
3&4           Step forward right diagonally, close left beside right, step forward right  
5-6           Skate forward diagonally left, skate forward diagonally right  
7&8           Step forward left diagonally, close right beside left, step forward left

## SLIDE STEPS RIGHT AND LEFT, SWAY 1/8 TURN, SWAY 1/8 TURN

9-10           Large step right to right side, slide left up next to right without weight  
11-12          Large step left to left side, slide right up to next to left without weight  
13-14          Step 1/8 turn left on ball of left foot, swaying hips to right  
15-16          Step 1/8 turn left on ball of left foot, swaying hips to right

## MAMBO ROCK, ROCK RECOVER, CROSS SHUFFLE, MAMBO ROCK

17&18          Mambo rock forward on right, rock back on left, step back on right  
19-20          Rock left to left side, recover on right  
21&22          Cross left over right, step right to right side, cross left over right  
23&24          Mambo rock right to right side, rock onto left, step right next to left

## MAMBO ROCK, SIDE CLOSE SIDE, RIGHT SAILOR STEP, LEFT SAILOR STEP

25&26          Mambo rock back on left, rock back on right, touch left next to right  
27&28          Step left to left side, close right next to left, step left to left side  
29&30          Sailor step right behind left, step on left, step on right  
31&32          Sailor step left behind right, step on right, step on left

## REPEAT

When dancing to White Flag there are optional arm movements during the dance; waving arms in a flag motion, and holding up in surrender position. They will be obvious from the words of the song.

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