

# Whipped Cream

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 4      級數: Improver mambo  
編舞者: Rita Ensminger (USA)  
音樂: Whipped Cream - Herb Alpert & The Tijuana Brass



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## SIDE MAMBO BREAKS

1-2-3-4      Left step side, right step in place, left step next to right, hold  
5-6-7-8      Right step side, left step in place, right step next to left. Hold

## SAILOR STEP, HIP BUMPS

1-2-3-4      Left step behind across right, right step side, left step side, hold  
5-6-7-8      Right step next to left starting hip bumps right, left, right, hold

## LEFT VINE, RIGHT VINE ¼ TURN RIGHT

1-2-3-4      Left step side, right step behind across left, left step side, right touch next to left  
5-6-7-8      Right step side, left step behind right, right step side turning ¼ right, hold

## KICK, STEP, STEP, HOLD, HEELS IN, TOES IN, HEELS IN, HOLD

1-2-3-4      Left kick forward, left step in place, right step side, hold (feet apart)  
5-6-7-8      Left & right heels in, left & right toes in, left & right heels in, hold

## ROCK STEPS FULL TURN RIGHT

1-2-3-4      (Turning ¼ right) right step forward, step left back, (turning ¼ right) right step forward, step left back  
5-6-7-8      (Turning ¼ right) right step forward, step left back, (turning ¼ right) right step forward, hold

## REPEAT

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