When Time Stood Still



拍數: 48 牆數: 4 級數: Intermediate waltz

編舞者: Steve Rutter (UK)

音樂: Stay In This Moment - Trick Pony



RIGHT SIDE ROCK, CROSS, KICK, CROSS, UNWIND 1/2 TURN RIGHT TWICE

1-3 Rock right to right side, recover weight onto left, cross right over left

4-6 Kick left foot forward to left diagonal, cross left over right, unwind ½ turn right(weight should

end on left)

7-12 Repeat steps 1-6

KICK RIGHT, LOCK STEP, SIDE ROCK, TOUCH, KICK RIGHT, LOCK STEP, ¾ TURN RIGHT

13-15	Kick right foot forward, lock right in front of left, step back on left
16-18	Rock right to right side, recover weight onto left, touch right toe beside left
19-21	Kick right foot forward, lock right in front of left, step back on left
22	On ball of left make ¼ turn right stepping forward on right
23	On ball of right make ½ turn right stepping back on left
24	Touch right toe to right side

RIGHT & LEFT SLOW SAILOR STEPS, SLOW RIGHT SHUFFLE, SCUFF LEFT FORWARD, ACROSS & FORWARD

25-27	Cross right behind left, step left to left side, step right beside left
28-30	Cross left behind right, step right to right side, step left beside, right
31-33	Step right foot forward, slide left up beside right, step forward on right
34-36	Scuff left forward, scuff left back to hook left in front of right shin, scuff left forward.

FORWARD ROCK, STEP BACK, BACK ROCK WITH ½ TURN LEFT, BACK ROCK STEP FORWARD, LOCK STEP, TOUCH

37-39	Rock forward on left, recover weight back onto right, step back on left
40-42	Rock back on right, recover weight forward onto left, on ball of left make ½ turn left stepping back on right
43-45	Rock back on left, recover weight forward onto right, step left foot forward
46-48	Lock right foot behind left, step forward on left, touch right toe beside right

REPEAT

TAG

Done once at the end of wall three when using "Stay In This Moment" by trick pony ROLLING RIGHT VINE MAKING A FULL TURN, SLOW CHASSE LEFT TWICE

1	On ball of left make ¼ turn right stepping forward on right
2	On ball of right make ¼ turn right stepping left to left side
3	On ball of left make ½ turn right stepping right beside left(taking weight)
4-6	Step left to left side, close right beside left, step left to left side

7-12 Repeat steps 1-6