

When The Goin' Gets Tuff

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 0 級數:
編舞者: Shelley Stevenson (AUS) & Robyn Lane
音樂: When the Going Gets Tough - Boyzone



Sequence: AB, AC, A (counts 1-20), B, AC, AB, A (counts 1-20), C, AB

PART A

SIDE, ROCK, BEHIND, SIDE, CROSS, SIDE, ROCK, BEHIND, SIDE, CROSS

1-2-3&4 Step left to left side, rock weight to right, step left behind right, step right to right side, cross left slightly in front of right

5-6-7&8 Step right to right side, rock weight to left, step right behind left, step left to left side, cross right slightly in front of left

FORWARD, BACK, COASTER, FORWARD, BACK, COASTER

1-2-3&4 Step forward on left, rock weight back onto right, step back on left, step right beside left, step forward on left

5-6-7&8 Step forward on right, rock weight back onto left, step back on right, step left beside right, step forward on right

STEP, ½ PIVOT, STEP, ½ PIVOT, 2 HEEL JACKS

1-2-3-4 * Step forward on left, ½ pivot turn to right (weight on right), step forward on left, ½ pivot turn to right (weight on right)

5&6& Step left across right, step back on right, touch left heel forward at 45 degrees, step left beside right

7&8& Step right across left, step back on left, touch right heel forward at 45 degrees, step right beside left

STEP, ½ PIVOT, 2 HEEL JACKS, STEP, ½ PIVOT

1-2 Step forward on left, ½ pivot turn to right (weight on right)

3&4& Step left across right, step back on right, touch left heel forward at 45 degrees, step left beside right

5&6& Step right across left, step back on left, touch right heel forward at 45 degrees, step right beside left

7-8 Step forward on left, ½ pivot turn to right (weight on right)

PART B

STEP, DRAG, STEP, DRAG, STEP, DRAG, STEP, DRAG

1-2-3-4 Step forward on left at 45 degrees left, slide right together, step forward on left at 45 degrees left, slide right together

5-6-7-8 Step forward on right at 45 degrees right, slide left together, step forward on right at 45 degrees right, slide left together

TURNING VINE, 1 ½ TURN VINE

1-2-3-4 Full turning vine left stepping left-right-left, tap right together

5-6-7-8 ½ turning vine right stepping right-left-right, tap left together

PART C

STEP, DRAG TOGETHER, BACK HEELS

1-2-3-4 Step forward on left, slowly drag right together for 2 beats, step right beside left

&5&6 Step back on right, touch left heel forward, step back on left, touch right heel forward

7&8& Step back on right, touch left heel forward, step back on left, touch right heel forward

STEP, DRAG, TOGETHER, BACK HEELS

- &1-2-3-4 Step right together, step forward on left, slowly drag right together for 2 beats, step right beside left
- &5&6 Step back on right, touch left heel forward, step back on left, touch right heel forward
- 7&8& Step back on right, touch left heel forward, step back on left, touch right heel forward

HIP BUMPS

- 1-2-3-4 Step forward on right pushing hips right, hold, push hips left, hold
- 5-6-7-8 Push hips right-left-right-left

TWISTING PIVOTS

- 1-2 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 3-4 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 5-6 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 7-8 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right

HIP BUMPS

- 1-2-3-4 Step forward on right pushing hips right, hold, push hips left, hold
- 5-6-7-8 Push hips right-left-right-left

TWISTING PIVOTS

- 1-2 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 3-4 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 5-6 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
- 7-8 Step forward on right twisting heel left, $\frac{1}{4}$ pivot left twisting heels right
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