

When Spirits Walk

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Carol Rodgers
音樂: When Spirits Walk - Amie Comeaux



RIGHT SHUFFLE FORWARD, TWO ROCKS LEFT SHUFFLE BACK TWO ROCKS

1&2 Right shuffle forward right, left, right
3-4 Rock forward on left, rock back on right
5&6 Left shuffle back
7-8 Rock back on right, rock forward on left

RIGHT CROSS SHUFFLE, ¼ TURN LEFT, LEFT SHUFFLE FORWARD, SWAYS

9&10 Cross right over left and side shuffle, right, left, right
11-12 Point left toe behind right foot, pivot ¼ turn over left shoulder (weight onto right)
13&14 Left shuffle forward right, left, right
15-16 Step right foot by left feet slightly apart, sway hips right then left

¼ TURN RIGHT SHUFFLE, STEP PIVOT, LEFT SHUFFLE, STEP PIVOT.

17&18 Right shuffle making a ¼ turn right, right, left, right
19-20 Step forward on left, pivot ½ turn right
21&22 Left shuffle forward left, right, left
23-24 Step forward on right, pivot ½ turn left

FORWARD SHUFFLES, LONG STEP BACK, DRAG & HOLD

25&26 Right shuffle forward right, left, right
27&28 Left shuffle forward left, right, left
29-30 Long step back with right foot
31-32 Drag left foot back beside right and hold (1 count)

LEFT & RIGHT SAILOR STEPS, ¼ TURN, LEFT SHUFFLE FORWARD

33&34 Left sailor step, left, right, left
35&36 Right sailor step, right, left, right
37-38 Point left toe behind right foot, pivot ¼ turn over left shoulder (weight on to right)
39&40 Left shuffle forward left, right, left

SWAY HIPS RIGHT, LEFT, RIGHT COASTER STEP, SWAY HIPS LEFT, RIGHT, LEFT COASTER STEP MAKING ¼ TURN LEFT

41-42 Stepping right foot slightly to right side, sway hips right then left
43&44 Step right foot back, left foot back, right foot forward.
45-46 Stepping left foot slightly to left side, sway hips left then right
47&48 Step left foot back, right foot back starting a ¼ turn to the left, left foot forward completing ¼ turn left (weight on left foot)

REPEAT