When I Wake

拍數: 32

級數: Intermediate/Advanced

編舞者: Martin Ritchie (UK)

音樂: The Day It Rained Forever - Aurora

Sequence: 5 walls then TAG, another 5 walls then TAG twice

BACK, TURN, CHASSE LEFT, RIGHT SAILOR, BEHIND, SIDE

- 1-2 Step back on left, turn ½ right and step forward on right
- 3&4 Step left to side, step right together, step left to side
- 5&6 Step right behind left, step left to side, step right in place
- 7-8 Step left behind right, step right to side

CROSS-ROCK, SHUFFLE ¼, STEP ½ PIVOT, KICK-BALL-STEP

- 1-2 Cross rock left over right, recover weight onto right
- 3&4 Step left to side, step right together, step left ¼ turn left
- 5-6 Step forward on right, pivot ½ left
- 7&8 Kick right forward, step ball of right together, step forward on left

RIGHT SCUFF, TOUCH BACK, LOOK BACK, LOOK FORWARD, ROCK 1/4 LEFT, RIGHT SHUFFLE

- 1-2 Scuff right forward, touch right toe back
- 3-4 Twist 1/2 right on balls of feet to look back, twist 1/2 left on balls of feet to look forward
- 5-6 Rock right to side, recover weight onto left ¼ turn left
- 7&8 Step forward on right, step left together, step forward on right

TOUCH FRONT, SIDE, TWIST IN, OUT ¼, KICK, COASTER STEP, FORWARD, TOUCH

- 1-2 Touch left toe forward, touch left toe to side
- 3-4 Twist 1/8 right (facing diagonal), twist 3/8 left kicking left forward (to face 3:00)
- 5&6 Step back on left, step right together, step forward on left
- 7-8 Step forward on right, touch left together

REPEAT

TAG

The tag is danced after the chorus - once after the first and twice after the second chorus. The first time you're facing the 3:00 wall, the second time, the 6:00 (back) wall

LEFT BACK, SWEEP, BACK SWEEP, BACK-TOGETHER-FORWARD, SWEEP

- 1-2 Step back left, sweep right out to side
- 3-4 Step back right, sweep left out to side
- 5-6 Step back on left, step right together
- 7-8 Step left forward, sweep right out to side

STEP, SWEEP, STEP, SWEEP, FORWARD-TOGETHER-BACK, SWEEP

- 1-2 Step forward on right, sweep left out to side
- 3-4 Step forward on left, sweep right out to side
- 5-6 Step forward on right, step left together
- 7-8 Step back on right, sweep left out to side





牆數:4