

When A Woman

拍數: 64 牆數: 4 級數: Beginner
編舞者: Michael O'Shea (IRE)
音樂: When A Woman - Gabrielle



SIDE STRUT, CROSS STRUT, ROCK & CROSS STRUT

1-2 Touch right toe to right side, drop heel
3-4 Cross left toe over right foot, drop heel
5-6 Rock right to right side, replace weight onto left
7-8 Cross right toe over left foot, drop heel

SIDE STRUT, CROSS STRUT, ROCK & CROSS STRUT

9-10 Touch left toe to left side, drop heel
11-12 Cross right toe over left foot, drop heel
13-14 Rock left to left side, replace weight onto right
15-16 Cross left toe over right foot, drop heel

STEP, CLAP TWICE, ROCK FORWARD & ½ TURN, TOUCH

17-18 Step forward right, clap
19-20 Step forward left, clap
21-22 Rock forward onto right, replace weight to left
23-24 Turn ½ turn right stepping onto right foot, touch left next to right & clap

STEP, CLAP TWICE, ROCK FORWARD & ½ TURN, TOUCH

25-26 Step forward left, clap
27-28 Step forward right, clap
29-30 Rock forward onto left, replace weight to right
31-32 Turn ½ turn left stepping onto left foot, touch right next to left & clap

GRAPEVINE ½ TURN, HEELS, TOES, HEELS, SLAP

33-34 Step right to right side, step left behind right
35-36 Step right to right side turning ½ turn right, close left beside right
37-38 Swivel heels left, swivel toes left
39-40 Swivel heels left, slap right heel with left hand

GRAPEVINE ½ TURN, HEELS, TOES, HEELS, SLAP

41-42 Step left to left side, step right behind left
43-44 Step left to left side turning ½ turn left, close right beside left
45-46 Swivel heels right, swivel toes right
47-48 Swivel heels right, slap left heel with right hand

¼ TURN TOE STRUT, ½ TURN TOE STRUT, COASTER STEP, STEP FORWARD

49-50 Touch right toe ¼ turn to right, drop heel
51-52 On ball of right foot turn ½ turn right touching left toe back, drop heel
53-54 Step back right, close left to right
55-56 Step forward right, step forward left

RIGHT LOCK STEP, ½ TURN, LEFT LOCK STEP, TOUCH

57-58 Step forward right, lock step left behind right
59-60 Step forward right, on ball of right turn ½ turn right
61-62 Step forward left, lock step right behind left

63-64

Step forward left, touch right beside left

REPEAT
