

What's Your Poison

COPPER **KNOB**
BY STEPHENETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Debbie Hogg (UK)
音樂: What's Your Poison - Sean Kenny



GRAPEVINE RIGHT ¼ TURN RIGHT, SCUFF, STEP TOUCH, STEP BACK, HOOK ¼ TURN LEFT

- 1-3 Step right foot to right side, cross step left foot behind right, step right foot to right side with ¼ turn right
4 Scuff left foot forward
5-8 Step left foot forward, touch right foot beside left, step right foot back, hook left foot making ¼ turn left

GRAPEVINE LEFT ¼ TURN LEFT, SCUFF, STEP, TOE TOUCH, HOP, HOP

- 1-3 Step left foot to left side, cross step right foot behind left, step left foot to left side with ¼ turn left
4 Scuff right foot forward
5-8 Step right foot forward, touch left toe behind right foot, scoot back on right foot twice

STEP BACK LEFT FOOT, HEEL TOUCH, STEP FORWARD RIGHT FOOT, TOUCH, HEEL JACKS TWICE

- 1-4 Step back left foot, touch right heel forward, step right foot in place, touch left foot beside right
&5&6 Step back left foot, touch right heel forward, step right foot in place, touch left foot beside right
&7&8 Step back left foot, touch right heel forward, step right foot in place, touch left foot beside right

STEP ½ PIVOT, STEP ¼ PIVOT, STOMPS TWICE (LEFT,RIGHT), SWIVET

- 1-4 Step left foot forward, ½ pivot right, step left foot forward, ¼ pivot right
5-6 Stomp left foot forward, stomp right foot forward (to prepare for next step keep the weight of right foot on the ball of the foot)
7 Swivet (with weight on the left heel and right toes, swivel toes to left & heels to right)
8 Return feet to place

TOE STRUTS BACK (RIGHT-LEFT-RIGHT-LEFT) (WITH FINGER SNAPS)

- 1-4 Step back on right toes, drop right heel, step back on left toes, drop left heel
5-8 Step back on right toes, drop right heel, step back on left toes, drop left heel

MONTEREY TURN, HEEL TOUCHES

- 1-2 Touch right foot to right side, on ball of left foot make ½ turn right stepping right foot beside left
3-4 Touch left foot to left side, step left foot beside right
5-8 Touch right heel forward, step right foot beside left, touch left heel forward, step left foot beside right

The heel touches (counts 5-8) can be replaced with two heel jacks!

TOE STRUTS BACK (RIGHT-LEFT-RIGHT-LEFT) (WITH FINGER SNAPS)

- 1-4 Step back on right toes, drop right heel, step back on left toes, drop left heel
5-8 Step back on right toes, drop right heel, step back on left toes, drop left heel

MONTEREY TURN, HEEL TOUCHES

- 1-2 Touch right foot to right side, on ball of left foot make ½ turn right stepping right foot beside left
3-4 Touch left foot to left side, step left foot beside right

5-8 Touch right heel forward, step right foot beside left, touch left heel forward, step left foot beside right

The heel touches (counts 5-8) can be replaced with two heel jacks! Try turning the backward toe struts once to the right

REPEAT
