

What's Your Flava

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Matt Barrett (UK)
音樂: What's Your Flava? - Craig David



TWICE STEPS, ROCK RECOVER, COASTER STEP, KICK STEP TOUCH

1-2 Step right forward, step left forward
3&4 Rock right behind left, recover onto left, step right beside left
5&6 Step left back, step right beside left, step right forward
7&8 Kick right forward, step right to right, touch left to left

HIP BUMPS, HIP ¼ TURN ROLL, TOE POINTS, PIVOT ½ TURN

1&2 Bump hips left, right, left
3-4 Roll hips in a to the right direction while turning ¼ turn to right
5&6 Point left toe to left, replace left beside right, point right toe to right

On the toe points, punch fists down left then right

7-8 Pivot ½ turn right on ball of left foot bringing right beside left

Optional body roll on counts 7-8

TWICE FUNKY STEP SLIDES, ROCK RECOVER 1 ¼ TURN

1-2 Step left to left as you squat, slide right up to left as you straighten up
3-4 Step right to right as you squat, slide left up to right as you straighten up
5-6 Rock forward on right, recover onto left
&7 Step right ¼ turn to right, step left ½ turn to right
&8 Step right ½ turn to right, step left beside right

POINT HITCH, COASTER ½ TURN, POINT HITCH, COASTER STEP

1-2 Point right toe forward, hitch right knee
3&4 Step right behind left, make ½ turn left and step forward left, step forward onto right
5-6 Point left toe forward, hitch left knee
7&8 Step left back, step right beside left, step left forward

REPEAT
