What's Up

拍數: 0 **牆數:** 4 **級數:** Improver

編舞者: Mike Repko (USA)

音樂: What's It Gonna Take - Wade Hayes

Sequence: This dance is a phrased dance only to the song "What's It Gone Take" by Wade Hayes. The pattern is AB, AAA, B, finish with A's. For any other song, just repeat pattern A

PART A

ROCK-SIDE, RECOVER, BACK, RECOVER, SIDE, RECOVER, FORWARD, RECOVER

Left foot does not move only enough for weight changes

1-4	Rock right to right side, recover left; rock back on right, recover left
5-8	Rock right to right side, recover left; rock forward on right, recover left

SHIMMY RIGHT, TOUCH, HOLD; SHIMMY LEFT, TOUCH, HOLD

9&10	Step right to right side while bumping hips right-left-right weight on right
11-12	Touch left toe beside right, hold
13&14	Step left to left side while bumping hips left-right-left weight on left
15-16	Touch right toe beside left, hold

SHIMMY DIAGONAL-BACK RIGHT, TOUCH, HOLD

17&18	Step right back and to the right while bumping hips back-forward-back weight on right
19-20	Touch left toe beside right, hold

STEP LEFT TO LEFT SIDE MAKING ¼ TO LEFT, SHIMMY, TOUCH, HOLD

21&22	Step left to left side making ¼ turn left while bumping hips left-right-left weight on left
23-24	Touch right toe beside left, hold

RIGHT JAZZ BOX; SHIMMY LEFT, TOUCH, HOLD

25-26	Cross right over left, step left back
27-28	Step right to right side, touch left beside right
29&30	Step left to left side while bumping hips left-right-left weight on left
31-32	Touch right toe beside left, hold

PART B

SHIMMY DIAGONAL-FORWARD RIGHT, TOUCH, HOLD

1&2	Step right forward and to the right while bumping hips forward-back-forward weight on right
3-4	Touch left toe beside right, hold

SHIMMY DIAGONAL-BACK LEFT, TOUCH, HOLD

5&6	Step left back and to the left while bumping hips back-forward-back weight on left
7-8	Touch right toe beside left, hold

SHIMMY DIAGONAL-BACK RIGHT, TOUCH, HOLD

9&10	Step right back and to the right while bumping hips back-forward-back weight on right
11-12	Touch left toe beside right, hold

SHIMMY DIAGONAL-FORWARD RIGHT, TOUCH, HOLD

13&14	Step left forward and to the left while bumping hips forward-back-forward weight on left
15-16	Touch right toe beside left, hold