What's On Your Mind

級數: Intermediate

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拍數: 32

音樂: I'm Ready Anytime You Are (What's On Your Mind?) - James JD Wilkerson

STEP, STEP, TOUCH, STEP, COASTER STEP ½ TURN

- 1-2 Step forward on right, then step forward on left
- 3-4 Touch right toe behind left foot, step back on right
- 5&6 Step back on left, then right, step forward on left
- 7-8 Step forward on right making ½ turn left, stepping on left

FULL TURN LEFT, STEP, STEP, TOUCH, STEP, COASTER STEP

- 1-2 Step forward on right making ½ turn to left, step back on left making ½ turn to left (completing a full turn)
- 3-4 Step forward on right, step forward on left
- 5-6 Touch right toe behind left, step back on right
- 7&8 Step back on left, then right, step forward on left

1/2 TURN, FULL TURN, TOUCH CROSS, TOUCH CROSS

- 1-2 Step forward on right making ¹/₂ turn left, stepping on left
- 3-4 Step forward on right making ½ turn to left, step back on left making ½ turn to left (completing full turn) weight will be on left
- 5-6 Touch right toe to right side, cross right over left and step
- 7-8 Touch left toe to left side, cross left over right and step

KICK BALL CHANGE, STEP ¼ TURN LEFT, "FANCY" HIP BUMPS

- 1&2 Kick right foot forward, step on ball of right foot, step slightly forward on left
- 3-4 Step forward on right, making ¼ turn to left, shifting weight to left
- 5&6 Bump hips down and to right (got to bend your knees down and to right), bump over to left, up and back to right (you will straighten knees up on this one)
- 7&8 Repeat 5&6 (remember to keep weight switched to left foot)

REPEAT





牆數: 4