

What's On My Mind

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 0 級數:
編舞者: DJ Dan (NL) & Wynette Miller (NL)
音樂: What's on My Mind - Gary Allan



Position: Right side-by-side

SIDE ROCK & STEP FORWARD (LEFT & RIGHT); LOCK STEPS FORWARD (LEFT & RIGHT)

1&2 Rock left to left side, recover onto right, step left forward
3&4 Rock right to right side, recover onto left, step right forward
5&6 Step left forward, lock right behind left, step left forward
7&8 Step right forward, lock left behind right, step right forward

STEP, ½ PIVOT TURN, ANCHOR STEP; SLIDE STEPS BACK, LOCK STEP BACK

9-10 Step left forward, pivot ½ turn right

Facing RLOD, left side-by-side

11&12 Lock left behind right, step right in place, step left back

Easier option:

11&12 Rock left forward, recover onto right, step left back
13-14 Slide step right back, slide step left back
15&16 Step right back, lock left over right, step right back

½ TURN WALKS FORWARD (LEFT & RIGHT), SHUFFLE FORWARD; WALKS FORWARD (RIGHT & LEFT), SHUFFLE FORWARD

17-18 Make ½ turn left walk forward left, right

Facing LOD, right side-by-side

19&20 Shuffle forward stepping left, right, left
21-22 Walk forward right, left
23&24 Shuffle forward stepping right, left, right

Option for Lady:

21-22 Let go left hands, raise right hands, make ½ turn left step right back, make ½ turn left step left forward, rejoin left hands

ROCK STEP, COASTER STEP (LEFT & RIGHT)

25-26 Rock left forward, recover onto right
27&28 Step left back, step right next to left, step left forward
29-30 Rock right forward, recover onto left
31&32 Step right back, step left next to right, step right forward

REPEAT
