

What's Cookin'

拍數: 86 牆數: 4 級數: Intermediate
編舞者: Cindy Truelove (AUS)
音樂: Good Brown Gravy - Joe Diffie



ALMOST STATIONERY STRUTS

- 1 Touch right toes (heel off floor) very slightly forward
- 2 Step right heel on floor, snap left fingers
- 3 Touch left toes (heel off floor) very slightly forward
- 4 Step left heel on floor, snap left fingers
- 5 Raise right slightly off floor (only about 1 inch and touch right toes in original position (heel off floor))
- 6 Step right heel on floor, snap left fingers
- 7 Touch left toes (heel off floor) very slightly back
- 8 Step left heel on floor, snap left fingers
- 9-16 Repeat the first eight steps except on the first count. You will not step forward, but rather touch right in the same position

RIGHT VINE & SCUFF, LEFT VINE & SCUFF, RIGHT VINE & SCUFF, LEFT VINE & ¼ TURN LEFT AND STOMP RIGHT UP

- 17-19 Step right to right side, cross/step left behind right, step right to right side
- 20 Scuff left next to right

- 21-23 Step left to left side, cross/step right behind left, step left to left side
- 24 Scuff right next to left

- 25-27 Step right to right side, cross/step left behind right, step right to right side
- 28 Scuff left next to right
- 29-30 Step left to left side, cross/step right behind left

- 31 Step left to left side placing foot in position to start ¼ turn
- 32 Turn ¼ turn left and stomp right (up - no weights)

BACK SCOOTS AND BACK TOE STRUTS

- 33 Take a small step back on right
- 34 Scoot back on right raising left knee
- 35 Take a small step back on left
- 36 Scoot back on left raising right knee
- 37 Take a small step back on right toes (heels off floor)
- 38 Step right heel on floor
- 39 Take a small step back on left toes (heels off floor)
- 40 Step left heel on floor (end weight on left)

MONTEREY TURNS

- 41 Point right toe to side
- 42 Pivot on ball of left, turn ½ to right and step right next to left (end weight on right)
- 43 Point left toe to side
- 44 Step left next to right
- 45-48 Repeat steps #41 through #44

VINE RIGHT & SCUFF, VINE LEFT & PAUSE, RIGHT TOUCHES WITH PAUSE

- 49-51 Step right to right side, step/cross left behind right, step right to right side
52 Scuff left next to right
53-54 Step left to left side, cross/step right behind left
- 55-56 Step left to left side, leave right where it was and hold one beat
57-58 Touch right next to left, then hold one beat
59-60 Touch right to side, then hold one beat
61-62 Touch right next to left, then hold one beat

SIDE STEPS AND SNAP FINGERS

- 63 Step right to right side
64 Hold feet in position one beat and snap fingers of right hand
65 Touch left next to right
66 Hold feet in position one beat and snap fingers of right hand
67 Step left to left side
68 Hold feet in position one beat and snap fingers of right hand
69 Touch right next to left
70 Hold feet in position one beat and snap fingers of right hand

TOE STRUTS AND PIVOT TURNS

- 71 Make a sharp $\frac{1}{4}$ turn left by pivoting on ball of both feet
72 Step left heel down
73 Touch toes of right forward (heel off floor)
74 Step right heel down
75 Step forward on ball of left
- 76 Pivot on balls of both feet a $\frac{1}{2}$ turn right (end with weight on right)
77 Touch toes of left forward (heel off floor)
78 Step left heel down
79 Touch toes of right forward
80 Step right heel down
81 Touch toes of left forward
82 Step left heel down
83 Step forward on ball of right
- 84 Pivot on balls of both feet $\frac{1}{2}$ turn left (end with weight on left)
85 Stomp (up with no weight) right next to left
86 Clap hands

REPEAT
