## What You're Made Of



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Geri Morrison (UK)

音樂: What You're Made Of - Lucie Silvas



## SIDE CROSS, SIDE CROSS, ROCK RECOVER CROSS, SIDE BEHIND, 1/4 TURN LEFT, PIVOT 1/2 LEFT

1-2	Step right to right side, cross left over right
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& Step right to right side

3-4 Cross left over right, rock right to right side

& Recover weight on left

5-6 Cross right over left, step left to left side

& Cross right behind left

7-8 Turn ¼ left stepping forward on left, step forward on right

& Pivot ½ turn left, (weight on left) (3:00)

# WALK RIGHT LEFT, RIGHT MAMBO, ROCK BACK RECOVER, ½ TURN RIGHT, ROCK BACK RECOVER, POINT

1-2	Walk forward right, left, (option full turn forward left, stepping right, left)
3&4	Rock forward on right, recover weight on left, step right next to left
5&6	Rock left back, recover weight on right, make a ½ turn right stepping back on left
7&8	Rock back on right, recover weight on left, point right to right side, (9:00)

## ROCK BACK ¼ TURN, POINT, CROSS BACK STEP, KICK, CROSS BACK STEP, ½ TURN RIGHT SAILOR STEP

SIEP	
1&2	Rock back on right turning 1/4 turn right, recovering weight on left, point right to right side
3&4	Cross right over left, step back on left, step right next to left
&	Kick left forward
5&6	Cross left over right, step back on right, step back on left, (traveling slightly back on 3&4 -5&6)
7&8	( $\frac{1}{2}$ Turn sailor) sweep right behind left making $\frac{1}{2}$ turn right, step left beside right, right beside left, (6:00)

## CROSS ROCK, RECOVER, SIDE TWICE, CROSS BACK STEP, ROCK BACK RECOVER, ¾ TURN LEFT

1-2&	Cross rock left over right, recover weight on right, step left to left side
3-4&	Cross rock right over left, recover back on left, step right to right side
5&6	Cross left over right, step back on right, step back on left, (1-6 traveling slightly back)
7&8	Rock back on right, recover weight on left, make ½ turn left stepping back on right
&	Make a ¼ turn left on left
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## Left foot will be slightly crossed in front of right, weight on left (9:00)

## **REPEAT**

#### **RESTART**

On the 3rd wall, after count 30, drop the 7&8& (facing 12:00), and start from the beginning

### **TAG**

## At the end of wall 6

1-2 Sway right, sway left

3-4 Sway right; sway left, then pause till the piano kicks in