What U C

拍數: 48

級數: Intermediate

編舞者: Kay Greig (UK)

音樂: What U See - Britney Spears

RIGHT ROCK FORWARD, ROCK BACK, SIDE ROCK TOGETHER

牆數:1

- 1&2 Rock forward right, rock back onto left in place, rock back on right
- &3&4 Rock back onto left, rock right to right side, rock onto left in place, step right beside left

LEFT ROCK FORWARD, ROCK BACK, SIDE ROCK TOGETHER

- 5&6 Rock forward on left, rock right in place, rock back on left
- &7&8 Rock right in place, rock left to left side, rock onto right in place, touch left beside right

LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR, ROCK BACK (MOVING SLIGHTLY BACKWARDS)

- 9&10 Cross left behind right, right to right, left in place
- Cross right behind left, left to left, right in place 11&12
- 13&14 Cross left behind right, right to right, left in place
- 15-16 Rock back right, rock forward left

RIGHT LOCK FORWARD, LEFT LOCK FORWARD, ROCK FORWARD

- 17-19 Step right forward, lock left behind right, step forward right
- 20-22 Step left forward, lock right behind left, step forward left
- 23-24 Rock forward on right, rock back on left

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, ROCK BACK

- 25&26 Cross right behind left, left to left side, right in place
- 27&28 Cross left behind right, right to right side, left in place
- 29&30 Cross right behind left, left to left side, right in place
- 31-32 Rock back left, rock forward right

STEP FORWARD, PIVOT ¼ RIGHT, LEFT CROSS SHUFFLE, SIDE, PIVOT ¼ TURN LEFT, FORWARD SHUFFLE

- 33-34 Step forward left, pivot 1/4 turn right
- 35&36 Cross left over front of right, step right to right side, cross left over right
- 37-38 Step right to right side, pivot 1/4 turn left (face original wall)
- 39&40 Right shuffle forward (right, left, right)

FORWARD, PIVOT ½ RIGHT, LEFT, SHUFFLE FORWARD, FORWARD, PIVOT ½ TURN LEFT, WALK, WALK

- 41-42 Step forward left, pivot 1/2 turn right
- 43&44 Left shuffle forward (left, right, left)
- 45-46 Step forward right, pivot 1/2 turn left (face original wall)
- 47-48 Walk forward right, walk forward left

REPEAT

The music ends at count 41. Stomp forward on the left and pose. Ta da!



