

What U C

拍數: 48 牆數: 1 級數: Intermediate
編舞者: Kay Greig (UK)
音樂: What U See - Britney Spears



RIGHT ROCK FORWARD, ROCK BACK, SIDE ROCK TOGETHER

1&2 Rock forward right, rock back onto left in place, rock back on right
&3&4 Rock back onto left, rock right to right side, rock onto left in place, step right beside left

LEFT ROCK FORWARD, ROCK BACK, SIDE ROCK TOGETHER

5&6 Rock forward on left, rock right in place, rock back on left
&7&8 Rock right in place, rock left to left side, rock onto right in place, touch left beside right

LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR, ROCK BACK (MOVING SLIGHTLY BACKWARDS)

9&10 Cross left behind right, right to right, left in place
11&12 Cross right behind left, left to left, right in place
13&14 Cross left behind right, right to right, left in place
15-16 Rock back right, rock forward left

RIGHT LOCK FORWARD, LEFT LOCK FORWARD, ROCK FORWARD

17-19 Step right forward, lock left behind right, step forward right
20-22 Step left forward, lock right behind left, step forward left
23-24 Rock forward on right, rock back on left

RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, ROCK BACK

25&26 Cross right behind left, left to left side, right in place
27&28 Cross left behind right, right to right side, left in place
29&30 Cross right behind left, left to left side, right in place
31-32 Rock back left, rock forward right

STEP FORWARD, PIVOT ¼ RIGHT, LEFT CROSS SHUFFLE, SIDE, PIVOT ¼ TURN LEFT, FORWARD SHUFFLE

33-34 Step forward left, pivot ¼ turn right
35&36 Cross left over front of right, step right to right side, cross left over right
37-38 Step right to right side, pivot ¼ turn left (face original wall)
39&40 Right shuffle forward (right, left, right)

FORWARD, PIVOT ½ RIGHT, LEFT, SHUFFLE FORWARD, FORWARD, PIVOT ½ TURN LEFT, WALK, WALK

41-42 Step forward left, pivot ½ turn right
43&44 Left shuffle forward (left, right, left)
45-46 Step forward right, pivot ½ turn left (face original wall)
47-48 Walk forward right, walk forward left

REPEAT

The music ends at count 41. Stomp forward on the left and pose. Ta da!