What Makes A Man



拍數: 50 牆數: 1 級數: Advanced

編舞者: Brett Jenkins (AUS)

音樂: What Makes a Man - Westlife



1-2 &3-4	Step right foot forward, sweep left foot forward in circular motion & step forward on left Step right foot to the side, step left foot behind right, sweep right foot backward in circular	
	motion and step backwards on right foot	
5-6	Rock/step back on left foot, rock/step forward on right foot	
&7-8	Step left foot next to right, step right foot forward, $\frac{1}{2}$ pivot turn to the left (ending with weight on left)	
1&2	Right samba (step right foot across in front of left, rock/step left foot to the side, replace weight on right)	
&3-4	Step left foot across in front of right, rock/step right foot to the side, replace weight on left	
5-6	Rock/step back on the right foot, replace weight forward on the left	
&7-8	Step right foot to the side while making a $\frac{1}{4}$ left, step left foot backward while making a $\frac{1}{2}$ left, step forward on the right foot	
1-2&	Rock/step forward on the left foot, replace weight back on the right, step left foot next to right	
3-4	Step right foot forward, ¾ turn to the left ending with weight crossed on the left	
5-6&7-8	Step right foot to the side and drag left foot to meet right, left sailor step (step left foot behind right, step right foot to the side, step left foot to the side) step back on the right foot	
1-2	Step left foot back & sweep right foot back in a circular motion, repeat with right foot	
3&4	Left coaster step (step left foot back, step right foot next to left, step left foot forward)	
5-6	Rock/step right foot to the side, replace weight on left while making a ½ hinge turn to the right over the right shoulder	
&7-8	Step right foot to the side, step left foot across in front of right, step right foot to the side	
1&2	Left sailor step while making a ¼ turn to the left	
&3-4	Step right foot forward while making a ½ turn to the left, step left foot back while making a ½	
4 0 4	turn to the left, step right forward	
5-6&	Rock/step left foot forward, replace weight back on the right foot, step left foot beside right	
7-8	Step forward on the right foot, ¼ pivot turn to the left ending with weight on the left foot	
1&2	Right cross shuffle (step right across left, step left to the side, step right across left)	
3-4&	Rock/step left foot to the side, replace weight on right while making a ½ hinge turn to the left	
	over the left shoulder, step left foot to the side	
5&6	Shuffle forward right-left-right	
7-8	Rock/step left foot forward, replace weight back on right while making a $\frac{1}{2}$ turn left	
For styling, hook left foot under right knee on previous 8 count		

1&2 Shuffle forward left-right-left

REPEAT

RESTART

During 2nd wall, dance up to beat 40 and restart dance. (after restarting, new wall is classed as 3rd wall)

TAG

Start of 5th wall add the following counts:

1-2&	Rock/step right to the side, replace weight on left, step right next to left
3-4&	Rock/step left to the side, replace weight on right, step left next to right
5-6	Step right forward, step left forward