

What Kind Of Hold

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rosalie Mackay (AUS)
音樂: What Kind of Hold - David Ball



SIDE, BEHIND, FULL TURN, SIDE, BEHIND, THREE-QUARTER TURN

1-2-3&4 Step left to side, step right behind left, turning full turn left step left, right, left on the spot
5-6-7&8 Step right to side, step left behind right. Turning $\frac{3}{4}$ turn right step right, left, right on the spot

ROCK FORWARD, BACK, SHUFFLE BACK, ROCK BACK, FORWARD, SHUFFLE FORWARD

1-2-3&4 Rock/step left forward, rock back on right, shuffle back left, right, left
5-6-7&8 Rock/step right back, rock forward on left, shuffle forward right, left, right

QUARTER TURN, KICK/OUT/OUT, KICK/OUT/OUT, CROSS SHUFFLE

1-2-3&4 Step left forward, pivot $\frac{1}{4}$ turn right transferring weight to right, kick left across right, quickly step on left, step right to side
5&6-7&8 Kick left across right, quickly step on left, step right to right side, step left across right, step right to side, step left across right

QUARTER-TURN, KICK & TAP, & HEEL, & HEEL, & HEEL, & STEP

1-2-3&4 Step right to side, pivot $\frac{1}{4}$ turn left transferring weight to left, kick right forward, quickly step on right, tap left beside right **
&5&6&7&8 Quickly step on left, right heel forward, turning $\frac{1}{4}$ turn left quickly step on right, left heel forward, quickly step on left, right heel forward, quickly step on right, step left forward

SHUFFLE FORWARD, HALF-TURN, ROCK, STEP, HALF-TURN, SHUFFLE BACK

1&2-3-4 Shuffle forward right, left, right, turn $\frac{1}{2}$ turn right stepping left back, rock/step back on right
5-6-7&8 Rock forward on left, turn $\frac{1}{2}$ turn left stepping right back, shuffle back left, right, left

SHUFFLE BACK, HALF-TURN, ROCK, STEP, HALF-TURN, SHUFFLE FORWARD

1&2-3-4 Shuffle back right, left, right, turn $\frac{1}{2}$ turn left stepping left forward, rock/step forward on right
5-6-7&8 Rock back on left, turn $\frac{1}{2}$ turn right stepping right forward, shuffle forward left, right, left

KICK, CROSS, & CROSS, & CROSS, POINT, FULL TURN, SIDE SHUFFLE

1-2&3&4 Kick right at 45 degrees right, step right across left, step left back at 45 degrees left, step right across left, step left back at 45 degrees left, step right across left
5-6-7&8 Point left to side, turn $\frac{1}{2}$ turn left on ball of right and step left beside right, turning a further $\frac{1}{2}$ turn left shuffle to right right, left, right

SAILOR STEP, CROSS, THREE-QUARTER TURN, SIDE, BEHIND/SIDE/CROSS

1&2-3-4 Step left behind right, step right to side, step left in place, step right across left, turning $\frac{1}{4}$ turn right step left back
5-6-7&8 Turning $\frac{1}{2}$ turn right step right forward, step left to side, step right behind left, step left to side, step right across left

REPEAT

RESTART

On wall 3 (to "What Kind Of Hold" only), dance the first 28 counts. Begin dance again facing 3:00 wall.