

# What It Is?

拍數: 32      牆數: 4      級數:  
編舞者: Scott Blevins (USA)  
音樂: Tilt Ya Head Back (feat. Christina Aguilera) - Nelly



- 1-2      Step left foot to left, crossing right foot behind left point right toe to left while twisting upper body left and looking to left
- 3&4-5      Kick right foot to right, step right foot to center, step forward on a bent left, step forward on a bent right (Shorty George)
- 6-7-8      Make a ¼ turn right, pointing left toe to left side (facing 3:00), make a ½ turn right stepping left foot next to right foot (facing 9:00), point right toe forward while leaning back slightly
- 1      Step back on right foot
- 2&3      Left coaster step
- On count 3, twist upper body slightly to left and allow left shoulder to trail through the end of count 4, giving a slow motion effect from the waist up**
- 4      Step right foot forward bringing body over hips and facing forward
- 5&6      Make ¼ turn right stepping on ball of left foot to left, step right foot across and in front of left foot (facing 12:00), point left to left side
- 7&8      Step left foot across and in front of right, step right foot a small step to right, make a ¼ turn left on right foot while bumping right hip and lifting left heel up (facing 9:00)
- 1&2      Step forward on left foot, making a ¼ turn left bring right foot to left calf (facing 6:00), point right toe to right side
- 3-4      Roll body back and to the right taking weight on right foot or bump hips twice to right taking weight on right
- &5      Step left foot next to right, step right foot across and in front of left foot
- 6-7-8      On a diagonal left press forward on ball of left foot while pushing hips forward, push hips back onto right foot, step forward on a diagonal left with left foot (facing 5:00)
- 1-2      Walk forward on the diagonal right, left
- 3&4      Press right foot across and in front of left, recover weight to left foot, kick right foot forward
- &5      Step back on right foot (still on the angle), step left foot back locking it across and in front of right foot
- 6      Unwind a bit more than ¾ turn to the right to face 3:00 (weight on left)
- 7&8      Step back on right foot, step back and slightly to the left on left foot, step right foot across and in front of left

**REPEAT**

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