What Is Me?

拍數: 44

級數: Improver cha cha

編舞者: Jamie Marshall (USA)

音樂: What Is Me? - Danni O'Neal



LONG STEP RIGHT, STEP LEFT NEXT TO RIGHT, STEP RIGHT IN PLACE, STEP LEFT IN PLACE, RIGHT ROCK FORWARD, RECOVER, TURNING ¾ RIGHT WITH TRIPLE IN PLACE

- 1-2 Long step right to right, step left next to right
- 3-4 Step right in place, step left in place
- 5-6 Rock right forward, recover to left (12:00)
- 7&8 Turning ³⁄₄ right, triple in place right, left, right (9:00)

ROCK LEFT FORWARD, RECOVER, BACK SHUFFLE, ROCK RIGHT BACK, RECOVER, TURN ½ RIGHT, STEPPING BACK ON RIGHT, TURN ½ RIGHT, STEPPING FORWARD ON LEFT

- 9-10 Rock left forward, recover to right
- 11&12 Step left back, step right next to left, step left back
- 13-14 Rock right back, recover to left (9:00)
- 15-16 Turn ½ right, stepping back on right, turn ½ right, stepping forward on left (9:00)

MAMBO RIGHT FORWARD, MAMBO LEFT BACK, KICK RIGHT FORWARD, STEP RIGHT NEXT TO LEFT, POINT LEFT TO LEFT WITH RIGHT KNEE BENT, DRAG LEFT NEXT TO RIGHT, STEP LEFT NEXT TO RIGHT

- 17&18 Rock right forward, recover to left, step right next to left
- 19&20 Rock left back, recover to right, step left next to right
- 21&22 Kick right forward, step right next to left, point left to left with right knee slightly bent
- 23-24 Drag left to right, step left next to right (9:00)

RIGHT COASTER STEP, STEP LEFT FORWARD, PIVOT ½ LEFT, TOUCHING RIGHT NEXT TO LEFT, POINT RIGHT TO RIGHT, STEP RIGHT NEXT TO LEFT, POINT LEFT TO LEFT, STEP LEFT NEXT TO RIGHT, POINT RIGHT TO RIGHT, HITCH RIGHT, TOUCH RIGHT NEXT TO LEFT

- 25&26 Step right back, step left next to right, step right forward
- 27-28 Step left forward, pivot ½ left, touching right next to left (3:00)
- 29&30 Point right to right, step right next to left, point left to left
- &31 Step left next to right, point right to right
- &32 Hitch right, touch right next to left (3:00)

STEP RIGHT TO RIGHT, ROCK LEFT FORWARD, RECOVER TO RIGHT, STEP LEFT TO LEFT, STEP RIGHT NEXT TO LEFT, STEP LEFT TO LEFT, ROCK RIGHT FORWARD, RECOVER TO LEFT, STEP RIGHT TO RIGHT, STEP LEFT NEXT TO RIGHT, TURN ½ RIGHT STEPPING RIGHT FORWARD, STEP LEFT FORWARD, PIVOT ½ RIGHT, STEP LEFT NEXT TO RIGHT

- 33-34-35 Step right to right, rock left forward, recover to right
- 36&37 Step left to left, step right next to left, step left to left
- 38-39 Rock right forward, recover to left
- 40&41 Step right to right, step left next to right, turn ¼ right, stepping right forward (6:00)
- 42-43 Step left forward, pivot ½ right, taking weight (12:00)
- 44 Step left next to right (12:00) (will help to use a small push step on count 44 to begin long step to right on count 1)

REPEAT

TAG At end of 1st and 3rd walls





牆數:1