

What I'm Talking About

拍數: 58 牆數: 4 級數:
編舞者: Steve Mason (UK)
音樂: What I'm Talking About - Waylander



TOE TOUCHES, SLIDES

- 1-4 Touch right toe to right side, touch right by left foot, step right foot to right, dipping knees slightly slide left foot to right foot
5-8 Repeat steps 1-4 leading with left foot

HEEL TAPS, TURN, STEP SCUFFS

- 9-12 Tap right heel forward twice, tap right toe back twice
13-14 Tap right heel forward, tap right toe back
15-16 Step on to right foot making $\frac{1}{4}$ turn right, scuff left foot forward
17-18 Step left foot forward, scuff right foot forward

CROSS, UNWIND, SHUFFLE BACK

- 19-20 Cross right toe in front of left foot, unwind $\frac{1}{2}$ turn to left
21-22 Pause for one beat, clap hands one beat
23&24 Step back on right foot, slide left foot back to right foot, step back on right foot
25&26 Step back on left foot, slide right foot back to left foot, step back on left foot

WALK FORWARD, KICK, WALK BACK

- 27-30 Walk forward on right foot, left foot, right foot, kick left foot forward while clapping hands
31-34 Walk back on left foot, right foot, left foot, tap right foot next to left foot

MONTEREY TURN, SNAKE ROLL, 3 STEP TURN

- 35-38 Touch right toe to right side, with weight on left foot spin $\frac{1}{2}$ turn to left and place right foot next to left, touch left toe to left, step left foot next to right foot
39-42 Large step with right foot to right side to start sideways body roll leading with head downwards while sliding left foot to right foot over two counts, tap left foot next to right while clicking fingers of both hands at waist level

Alternative steps to body roll: shimmy shoulders

- 43-46 Step left foot to left while making $\frac{1}{4}$ turn left, make $\frac{1}{4}$ turn left stepping right foot to right, turn $\frac{1}{2}$ turn left stepping to left with left foot, stomp right foot by left foot

KICK BALL CHANGES

- 47&48 Kick right foot forward, and quickly step on right foot by left foot, quickly transfer weight to left foot
49&50 Kick right foot forward, and quickly step on right foot by left foot, quickly transfer weight to left foot

TOE STRUTS BACK WITH FINGER CLICKS

- 51-52 Step back on right toe, drop right heel to floor while turning upper body right and raise right arm above head and click fingers
53-54 Step back on left toe, drop left heel to floor while turning upper body left and raising left arm above head and click fingers
55-56 Repeat steps 51-52
57-58 Repeat steps 53-54

REPEAT

