

What I Got

拍數: 64 牆數: 4 級數: Intermediate hip hop
編舞者: Grant Mayfield (USA) & Chris Whitfield
音樂: Unknown



INTRO

- 1-2 Point right toe to right side, half monterey
3-4 Point left toe to left side, bring together with weight on left
5-6 Point right toe to right side, half monterey
7-8 Point left toe to left side, bring together with weight on left
- 1&2 Step right foot behind left, step left foot to left side, step right foot to forward right diagonal (weight ending on right)
3&4 Step left foot behind right, step right foot to right side, step left foot to forward left diagonal (weight ending on left)
5-6 Step right foot forward, half turn pivot to left (weight ending on left)
7-8 Step right foot forward, half turn pivot to left (weight ending on left)

THE MAIN DANCE

- 1&2 Kick right foot forward, step right foot next to left, point left toe to left side
3&4 Kick left foot forward, step left foot next to right, point right toe to right side
5&6 Kick right foot forward, step right foot next to left, point left foot to left side
&7-8 Step left foot next to right, point right toe to right side, hold
- 1&2 Step right foot behind left, step left foot to left side, step right foot to forward right diagonal (weight ending on right)
3&4 Step left foot behind right, step right foot to right side, step left foot to forward left diagonal (weight ending on left)
5-6 Stomp right foot, hold
7-8 Body roll, weight ending on left foot
- 1-2 Step right foot forward to right diagonal, step left foot behind right
&3-4 Step right foot forward, step left to left diagonal, step right foot behind left
&5-6 Step left foot forward, step right foot forward, rock back on left foot
7-8 Step right foot to right side making $\frac{1}{4}$ turn over right shoulder, cross left foot over right
- 1-2& Step right foot to right side while sliding left towards right, rock left foot behind right, step forward onto right (weight ending on right)
3-4& Step forward on left foot, step forward on right, make $\frac{1}{2}$ turn pivot over left shoulder (weight ending on left)
5-6& Step forward on right foot, rock forward on left foot, step back on right foot
7-8 Step left foot to left side making a $\frac{1}{4}$ turn over left shoulder, cross right foot over left
- 1-2 Point left toe to left side, cross left foot over right foot
3-4 Point right toe to right side, flick right foot behind body while making $\frac{1}{4}$ turn over left shoulder
5&6 Step right foot forward, step left foot behind right foot, step right foot forward
7-8 Rock left foot forward, step back on right foot
- 1-2 Step left foot back, step right foot back
3&4 Step back on left foot, step right foot next to left, step forward onto left foot
5&6 Point right toe to right side, step right foot next to left, point left toe to left side

- &7&8 Step left foot next to right, point right toe to right side, step right foot next to left, point left toe to left side
- 1-2 Roll left knee in toward right leg, roll left knee out making $\frac{1}{4}$ turn over left shoulder
- 3&4 Tap left heel on the ground 3x while keeping toes on the ground, on the 3rd time shift weight to left foot
- 5&6 Rock right foot to right side, step left foot in place, cross right over left
- 7&8 Rock left foot to left side, step right foot in place, cross left foot over right
- 1-2 Step right foot to right side, make $\frac{1}{4}$ turn over left shoulder stepping forward on left foot
- 3-4 Step right foot forward, step left foot forward
- 5&6 Kick right foot forward, step right foot beside left, step left foot to left side (weight on both feet)
- 7-8 Body roll (weight ending on left foot)

REPEAT
