What Gets Me!

級數: Intermediate

編舞者: Cristina Devine & Katy Quail

音樂: What Hurts the Most - Jo O'Meara

牆數:4

SLIDE RIGHT FOOT TO RIGHT, ROCK LEFT ¼ TURN HOOK ½ TURN, RIGHT SHUFFLE FORWARD, LEFT ROCK AND STEP BACK POINT RIGHT SIDE AND FRONT

- 1-2&3 Big step to right, rock left behind right, recover weight on right and step left to left side turning ¼ turn over right shoulder
- &4&5 Hook right foot in front of left spinning ½ turn over right shoulder, shuffle forward right, left, right
- 6&7 Rock forward on left, recover weight onto right and step back on left
- &8 Point right toe to right side, step forward on right

LEFT TAP TAP, ¼ SLIDE TO LEFT, RIGHT ROCK AND SKATE X 4 STEP FORWARD ON RIGHT

- 1&2 Tap left beside right twice and slide ¼ turn big step to left with left foot
- 3&4 Rock right behind left, recover weight on left and skate forward right
- 5-6 Skate forward left, skate forward right
- 7-8 Skate forward left, step forward on right foot

LEFT ROCK AND POINT BACK, $\frac{1}{2}$ TURN SWEEP, POINT RIGHT, CROSS AND HITCH LEFT, SWAY LEFT RIGHT, BEHIND SIDE $\frac{1}{4}$ TURN

- 1&2 Rock forward on left, recover weight on right and point left toe behind right
- &3&4 Sweep left foot round ½ turn over right shoulder, stepping left behind right, point right toe to right side, cross right over left
- &5-6 Hitch left knee up, sway hips to left, sway hips to right
- 7&8 Cross left foot behind right, step right foot to side turning ¼ turn over right shoulder, step forward on left

RIGHT ROCK, STEP FORWARD, LEFT ROCK SLIDE BACK, LEFT, RIGHT, LEFT, POINT RIGHT SIDE, FRONT SIDE $^{1\!\!2}$ TURN

- 1&2 Rock right foot to right side, recover weight onto left and step forward on right foot
- 3&4 Rock forward on left recover weight on right and big slide back on left
- 5-6 Slide step back right, slide step back left
- 7&8& Point right toe to right side, point right in front of left, point right to toe right side, hook right foot behind left while spinning ½ turn over right shoulder

REPEAT

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8 counts at the end of second wall

- 1&2 Step right to right side, rock left behind right and recover weight onto right
- 3&4 Step left to left side, rock right behind left and recover weight onto left
- 5&6 Step right to right side into ¼ turn over right shoulder, turn ¾ turn over right shoulder stepping left, right
- 7&8 Step left to left side into ¼ turn over left shoulder, turn ¾ turn over left shoulder stepping right left

RESTART

Dance first 16 counts of the dance on wall 4 and start again from the beginning





拍數: 32