

What Does It Take?

拍數: 32 牆數: 4 級數: Improver
編舞者: Kevin S. Ward (USA) & Rena Ward (USA)
音樂: Baby, You Got What It Takes - Brook Benton & Dinah Washington



KICK, KICK-BALL-CHANGE, KICK, CROSS, ROCK, STEP, SCUFF, HOOK

1-2&3 Kick right forward, kick right forward, step on ball of right, step left in place
4-5&6 Kick right forward, step right over left, rock left to left side, step right home
7-8 Scuff left forward, hook left over right

SHUFFLE FORWARD LEFT, RIGHT, LEFT, ROCK, STEP, ½ TURN, ¼ TURN, SAILOR STEP

1&2 Step left forward, step right next to left, step left forward
3-4 Rock right forward, recover on left
5-6 While making ½ turn right step forward on right, while making ¼ turn right step left to left side
7&8 Cross step right behind left, step left to left side, step right to right side

SHUFFLE FORWARD LEFT, RIGHT, LEFT, CROSS, FULL TURN, SHUFFLE FORWARD, LEFT, RIGHT, LEFT, STEP, ½ TURN

1&2 Step left forward, step right next to left, step left forward
3-4 Cross step ball of right over left, unwind full turn with weight ending on right
5&6 Step left forward, step right next to left, step left forward
7-8 Step right forward, making ½ turn left step left in place

KNEE IN, KNEE OUT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT, KNEE IN, KNEE OUT, SHUFFLE FORWARD LEFT, RIGHT, LEFT

1 Touch right toes next to left instep while turning right knee in
2 Touch right toes next to left instep while turning right knee out
3&4 Step right forward, step left next to right, step right forward
5 Touch left toes next to right instep while turning left knee in
6 Touch left toes next to right instep while turning left knee out
7&8 Step left forward, step right next to left, step left forward

REPEAT
