

What Da Fuss (Shame On Us)

COPPER KNOB
BY STEPHEN BRETZ

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Yvonne Anderson (SCO)
音樂: Shame (What Da Fuss!) - Stevie Wonder



STEP-LOCK-STEP, ¾ TURN RIGHT-CROSS, BEHIND- ¼ TURN LEFT- KNEE HITCH, ROCK-STEP, SLIDE-TOUCH

- 1&2 Step right forward, & lock left behind right, step right forward
&3&4& Make 1/4 turn right stepping left to side, make ½ turn right stepping right to side, & step left across right, point right toes to right (9:00)
5&6 Step right behind left, & make ¼ turn left stepping left to side, tuck right toes behind left shin right knee is now forward (6:00)
&7-8& Rock right back, step left forward (long step, angling body to forward right diagonal), slide right toes to touch beside left (weight remains on left) and square off to wall

Restart from here on the 7th repetition

PADDLE TURN ¼ LEFT TWICE, KICK-BALL-POINT, KICK-BALL-POINT, KNEE-IN-OUT-IN WITH ¼ TURN LEFT

- &1&2& Hitch right knee, make ¼ turn left and touch right toes to right, & hitch right knee, make ¼ turn left and touch right toes to right (12:00)
3&4 Kick right forward, & step ball of right beside left, touch left toes to left
5&6 Kick left forward, & step ball of left beside right, touch right toes to right
7&8 Swing right knee in, & swing right knee out, making ¼ turn left take weight on right (keep left toe pointed to left side) swing right knee to center (9:00)

COASTER STEP, STEP, SLIDE-TOUCH, TOE TOUCH, MODIFIED MONTEREY ½ TURN RIGHT TOUCH-HITCH-CROSS

- 1&2 Step left back, & step right beside left, step left forward
3-4 Step right forward (long step, angling body to forward left diagonal), slide left toes to touch beside right and square body to wall
5& Touch left toes to left, & step left beside right
6&7 Touch right toes to right, & make ½ turn right stepping right beside left, touch left toes to side (3:00)
&8& Hitch left knee forward snapping fingers down from chest to waist, step left across right

TURNING HIP BUMPS, COASTER STEP, STEP, SLIDE-TOUCH

- 1&2 Touch right toes forward and bump hips forward, & bump hips back, bump hips forward taking weight on right
3&4 Make ¼ turn right touching left toes to side and bump hips to left, & bump hips to center, make ¼ turn right dropping left heel to floor and pushing hips back (9:00)
5&6 Step right back, & step left beside right, step left forward
7-8 Step right forward (long step, angling body to forward left diagonal), slide left toes to touch beside right and square body to wall

REPEAT

RESTART

Restart after count 16 of the 7th repetition