

What About Now

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Eileen Stapleton (UK)
音樂: What About Now - Lonestar



RIGHT SUGAR FOOT, LEFT SUGAR FOOT

- 1 Touch right toe beside left instep (heel pointing out)
- 2 Touch right heel beside left instep (toe pointing out)
- 3 Step forward on right
- 4 Hold - clap twice
- 5 Touch left toe beside right instep (heel pointing out)
- 6 Touch left heel beside right instep (toe pointing out)
- 7 Step forward on left
- 8 Hold - clap twice

KICK BALL STEP BACKS TURNING RIGHT SHUFFLE

- 9&10 Kick right foot forward, step down on ball of right foot, step back on left foot
- 11&12 Repeat steps 9 & 10 above
- 13-14 Step to right, left foot behind right
- 15&16 Quarter turn right with shuffle right left right

HALF TURN/FULL TURN SHUFFLE, LOCK STEPS, HIP MOVEMENTS

- 17-18 Step left foot forward, half turn right
- 19&20 Full right turn shuffle left right left
- 21&22 Step right foot forward, lock step left behind right, step forward right (moving hips)
- 23&24 Step left foot forward, lock step right behind left, step forward left (moving hips)

LEFT QUARTER, SAILOR STEPS

- 25-26 Right step forward, quarter turn left
- 27&28 Right sailor step: cross right behind left, step left to left side, step right to place
- 29&30 Left sailor step: cross left behind right, step right to right side, step left to place
- 31-32 Right step forward, quarter turn left

REPEAT
