

What About Now

拍數: 32 牆數: 4 級數: Intermediate
編舞者: The Silver Star Bakers Dozen
音樂: What About Now - Lonestar



SAILOR SHUFFLES (VAUDEVILLES)

&1&2 Take weight onto your right foot, touch left heel forward, step left in place, cross right over left
&3&4 Take weight onto your left foot, touch right heel forward, step right in place, cross left over right

(DWIGHT) TOE HEEL SWIVELS, STOMP

5-8 With the right foot touch alternate toe & heel towards the instep of the left (toe, heel, toe) while moving to the right with the left foot (heel, toe, heel, toe) (both movements performed together), stomp right beside left

SYNCOPATED LEFT GRAPEVINE

9-10 Step left to side, cross right behind left
&11&12 Step left to side, step right across in front of left, step left to side, cross right behind left

ROCK STEP, COASTER STEP

13-14 Rock left foot to left side, recover weight onto right foot
15&16 Step back on left, step right next to left, step forward on left

STEP SLIDE, RIGHT SHUFFLE

17-18 Step forward on right, slide left up to right
19&20 Right shuffle forward right, left, right

½ PIVOT RIGHT WITH LEFT HOOK, RIGHT SHUFFLE

21-22 Step forward left, pivot ½ turn right as you hook right foot across in front of left shin
23&24 Right shuffle forward right, left, right

LEFT TOUCH, ¼ TURN RIGHT, STEP, SCUFF, SCOOT

25-26 Touch left toe to left side, turn ¼ turn right
27&28 Step through with left, scuff right foot past left, scoot forward on left

RIGHT AND LEFT STOMP, APPLEJACK STEPS

29-30 Stomp forward on right, stomp left next to right
&31&32 Pigeon toed movement on the spot (i.e., swiveling alternate toes and heels to the left and right)(left toe & right heel off the floor as you swivel to the left then back to center, then left heel & right toe off the floor as you swivel to the right then back to center)

REPEAT

TAG

On the 2nd wall you will need to add 2 extra applejack steps, duplicating steps &31&32
&33&34 Pigeon toed movement on the spot