What A Secretary



拍數: 0 牆數: 1 級數: Intermediate

編舞者: Kathy Kazmarek

音樂: Take a Letter, Maria - Doug Stone



Sequence: AA, BB, AA, BB, AA, BBB Dedicated to Denise, my personal secretary

PART A

SIDE TOGETHER, BACK TOE-STRUT, SIDE TOGETHER, FORWARD TOE-STRUT

1-2-3-4 Step to right with right foot, step together with left foot, step back on right toe, drop right heel

down

5-6-7-8 Step to left with left foot, step together with right foot, step forward on left toe, drop left heel

down

.ROCK STEP, CROSS TOE-STRUT, ROCK STEP, CROSS TOE-STRUT

9-10-11-12 Rock to side on right foot, step in place with left, cross right toe in front of left foot, drop right heel down

13-14-15-16 Rock to side on left foot, step in place with right, cross left toe in front of right foot, drop left

heel down

RIGHT VINE, LEFT VINE

17-18-19-20 Step to right on right foot, cross behind with left, step to right on right foot, touch left toe next to right foot

21-22-23-24 Step to left on left foot, cross behind with right, step to left on left foot, touch right toe next to

left foot

STEP, HOLD, ½ TURN LEFT, HOLD, STEP, HOLD, ½ TURN LEFT, HOLD

25-26-27-28 Step forward on right foot, hold for one beat, pivot ½ turn to left on left foot, hold for one beat 29-30-31-32 Step forward on right foot, hold for one beat, pivot ½ turn to left on left foot, hold for one beat

PART B

STEP, HOLD, STEP, HOLD, "PRISSY" WALK WITH A TAP

1-2-3-4 Step forward on right foot, hold for one beat, step forward on left foot, hold for one beat 5-6-7-8 "Prissy" walk forward (right left right), tap left toe behind right foot (dip body forward as you tap)

1/2 TURN, HOLD, STEP, HOLD, "PRISSY" WALK WITH A TOUCH

9-10-11-12 Make ½ turn to left as you step on left foot, hold for one beat, step forward on right foot, hold for one beat

13-14-15-16 "Prissy" walk forward (left right left), touch right toe next to left foot

STEP-TOUCH, STEP-TOUCH, BACK, CROSS, BACK, TOUCH

17-18	Step forward on right foot at a 45 degree angle to the right, touch left next to right
19-20	Step back on left foot at a 45 degree angle to the left, touch right next to left
21-22	Step back on right foot at a 45 degree angle to the right, step onto left foot across front of
	right
23-24	Step back on right foot, touch left next to right

STEP-TOUCH, STEP-TOUCH, BACK, CROSS, BACK, TOUCH

25-26	Step forward on left foot at a 45 degree angle to the left, touch right next to left
27-28	Step back on right foot at a 45 degree angle to the right, touch left next to right
29-30	Step back on left foot at a 45 degree angle to the left, step onto right foot across front of left