

What A Mom!

拍數: 32 牆數: 4 級數: Improver two step
編舞者: Debi Bodven (USA)
音樂: Mr. Mom - Lonestar



HEEL TOUCHES AND GRAPEVINES

1& Touch right heel diagonally in front, lift right knee up
2& Touch right heel diagonally in front, lift right knee up
3&4 Step side right, cross left behind, step side right
5& Touch left heel diagonally in front, lift left knee up
6& Touch left heel diagonally in front, lift left knee up
7&8 Step side left, cross right behind, step side left

CHARLESTON AND A COASTER STEP

9-10 Walk forward right, left
11-12 Touch right toe forward, step back right
13-14 Step back left, step back right
15&16 Step back left, step together right, step forward left

¼ TURN, CROSSING SHUFFLE, JAZZ, CROSSING SHUFFLE

17-18 Step forward right, pivot ¼ turn left (weight on left)
19&20 Cross right over left, step side left, cross right over left
21-22 Step back left, step side right
23&24 Cross left over right, step side right, cross left over right

TURNING BOX, ¼ TURN, KICK-BALL-CHANGE

25-26 Step side right, step side left turning ¼ left
27-28 Step side right turning ¼ left, step side left turning ¼ left
29-30 Step forward right, pivot ¼ left (weight on left)
31&32 Kick right forward, step ball of right next to left lifting weight off of left, replace weight on left

REPEAT

RESTART

The third time through the dance (you will be on the back wall). You will dance the first eight counts of the dance. Then there's a 2 count glitch in the music. Clap your hands then restart the dance. Stay on your starting wall at the end of the dance and give it a big finish!