

What A Man

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Thomas Haynes (USA)
音樂: Nine Times A Man - Wilson Pickett



ROCK STEPS, JAZZ BOX CROSSES

1-2 Rock side right on right, recover weight to left
3-4 Rock back on right, recover weight to left
5-6 Cross right over left, step back on left
7-8 Step slightly right on right, cross left over right

TOUCH CROSS, TOUCH CROSS, STEP ¼ LEFT, TOUCH, STEP TOUCH

1-2 Touch right side right, cross right over left
3-4 Touch left side left, cross left over right
5-6 Step ¼ turn left stepping side right on right, touch left beside right
7-8 Step left forward, touch right beside left

WALK RIGHT, LEFT, SHUFFLE FORWARD, ½ PIVOT, SHUFFLE FORWARD

1-2 Walk forward right, left
3&4 Shuffle forward right, left, right
5-6 Touch left forward pivot ½ turn right (weight on right)
7-8 Shuffle forward left, right, left

WALK RIGHT, LEFT, SHUFFLE FORWARD, STEP RIGHT, LEFT, HIP SWAYS

1-2 Walk forward right, left
3&4 Shuffle forward right, left right
5-6 Step forward on left slightly to the left, step right next to left
7-8 Sway hips right left, ending with weight on left

REPEAT
