Wetland Dalliances



拍數: 0 編數: 2 級數: Intermediate/Advanced

編舞者: Wei Chih

音樂: It's Raining Men - Donna Summer



Sequence: A, Bridge, B, Bridge, B, Bridge, A, TAG, A, A(1-32), TAG, BBB

PART A

RAIN WATER RISING AND GUSHING FORWARD MOVEMENTS

1&2& (Body facing 9:00 face looking to 12:00) with weight on left - pelvis swings forth, pelvis

swings back, small step right to right side pelvis swings forth, pelvis swings back

3&4& Step left across right doing the same pelvic movements

5&6& Make a ½ turn right with right leg across left do the pelvic movements

7&8 Mirror 1&2 above

SHUFFLE RIGHT, CROSS, SIDE, 11/2 HIP ROLL WITH 1/4 TURN LEFT, HITCH

1&2	Make a ¼ turn left on left leg - shuffle to the right
3-4	Step left across right, step right to right side
5-6	Make a full hip roll in to the left movements

7-8 Continue for another ½ hip roll, flow into ¼ turn left with hitch on the left leg

SHUFFLE FORWARD, FULL TURN LEFT, PIVOT ½, STEP, TURN

1&2	Step left forward, step right beside left, step left forward
-----	--

3-4 Make a ½ turn left stepping right backward, make a ½ turn left stepping left forward

5-6 Step right forward, pivot ½ turn left stepping on left

7-8 Step right forward, make a ¼ turn right stepping left to left side

CROSS JUMP, RETURN, POP KNEE, UN-POP, 1/4 TURN LEFT, DRAG TOE, TOUCH, HOLD

1-2 Jump crossing left leg over right and right behind left, jump back to original position

3-4 Pop right knee in (look to the left), un-pop right knee back (look front)

5-8 Make a ¼ turn left on left (5), drag right toe towards left and beside left in 2 counts (6-7), hold

(8)

CROSS, POINT, BEHIND, POINT, MONTEREY 1/2, STEP, POINT, CROSS, POINT

1-2 Step right across left, point left to left side3-4 Step left behind right, point right to right side

5-6 Make a ½ turn right stepping right beside left, point left to left side

7-8 Step left across right, point right to right side

CHANGING WEIGHT BUMP RIGHT-LEFT

1-4 Transferring weight from left to right in 3 counts hip bumps right 3 times on 3 count, bump on

the 4th count with the lifting of left leg (straightened leg)

5-8 Mirror the 4 count above

ACROSS, UNWIND % TURN LEFT, FORWARD, SIDE, PULL ROPE MOVEMENTS

1-2 Step right across left, unwind ¾ turn left

3-4 Step right diagonal forward, step left to left side

Arching body to the right - taking weight on right foot, switch right leg with the left leg - body

bends to left now, point right on right (action of both hands pull a rope from the left towards

self)

7&8 Repeat 5&6

RIGHT SAILOR, ½ TURN LEFT SAILOR, PIVOT ½, PIVOT ½				
1&2	Step right behind left, step left to left side, step right in-place			
3&4	Make a ½ turn left step left behind right, step right to right side step left in-place			
5-6	Step right forward, pivot ½ turn left with weight on left			
7-8	Repeat 5-6			

BRIDGE

POINT, 3-COUNT INDIVIDUAL EXPRESSION

Point right toe to right side

2-4 Individual expression on the "raining men" pose

PART B

3-4

STEP, TURN-FLICK, TURN-CROSS, POINT, RIGHT SAILOR FORWARD, PIVOT ½ TURN RIGHT

1-2	Step right forward, make a ¼ turn right flicking left leg in figure of "4" shape
3-4	Make a ¼ turn left stepping left across right, point right to right side
5&6	Step right behind left, step left to left side, step right forward

7-8 Step left forward, pivot ½ turn right stepping on right

FORWARD HITCH LOWER BODY RAISE BODY TOLICH DIAGONAL HOLD DIAGONAL HOLD

(CHEST PUMI	PS)
1&2	Step left forward prepare to hitch, hitch right, lowering down the body on left leg point right to

riaht side				
Hull Side				

Raise the body up dragging right toe towards left, touch right toe beside left 5-6 Small step right diagonal, hold (chest pump movements) 7-8 Step left beside right, hold (chest pump movements)

HOP-TOUCH (4X)

1-2	Hop left to left side, touch right behind left
3-4	Hop right to right side, touch left behind right
5-6	Hop right forward, touch right behind left
7-8	Hop right backward, touch left across right

KICK-BALL-POINT (2X), WALK, WALK, PIVOT ½, FORWARD

1&2	Kick left forward, ball-step left on spot, point right to right side
3&4	Kick right forward, ball-step right on spot, point left to left side

5-6 Walk left, right

7&8 Step left forward, pivot ½ turn right stepping on right, step left forward

TAG

ROCK, RECOVER, ROCK, RECOVER, SIDE-ROCK-CROSS (2X)

1-2	Rock forward on right, recover on left
3-4	Rock back on right, recover on left
	D 1 : 1(1 : 1(: 1

Rock right to right side, recover on left, step right across left 5&6 7&8 Rock left to left side, recover on right, step left across right