Western Nights Cha Cha (P)

牆數: 0

級數: Partner

編舞者: Bud Lewis & Rita Lewis

音樂: Ain't Your Memory Got No Pride At All - Aaron Tippin

Position: Sweetheart Position

拍數: 80

- 1-4 Step forward left, back on right, in place with left (left-right-left)
- 5-8 Step back on right, forward on left, in place with right (right-left- right)
- 9-16 Holding left hands, lady circles man in 4 polka steps (left-right-left, right-left-right, left-rightleft, right-left-right) returning to his right side

Man does polka steps in place

17-20 Step forward left, back on right, in place with left (left, right-left) 21-24 Step back on right, forward on left turning 1/4 turn to left, in place with right (right-left-right) 25-28 Step back on left turning ¼ turn to left, forward on right turning ¼ turn to right, in place with left (left-right.-left) Step back on right turning 1/4 turn to right, forward on left, in place with right (right-left-right) 29-32 Man does 4 polka steps forward turning lady (left-right-left, right-left-right, left- right-left, right-33-40 left-right) (2 complete turns) 41-44 Step forward left, back on right, in place with left (left-right-left) Step back right, forward on left turning lady ¹/₂ turn (right-left-right) 45-48 49-52 MAN: Step forward left, back on right, in place with left (left-right-left) LADY: Step back left, forward on right turning ½ turn (left-right-left) **MAN:** Step back right, forward left, in place with right (right-left-right) 53-56 **LADY:** Step back right, forward left turning ¹/₂ turn (right-left-right) MAN: Step forward left, back on right, in place with left (left-right-left) 57-60 LADY: Step back left, forward on right, in place with left (left-right-left) 61-68 MAN: 4 Polka steps in place. Lady will be on man's right side facing RLOD LADY: Holding right hands, lady circles man in 4 polka steps (right-left- right, left-right-left, right-left-right, left-right-left) 69-72 MAN: Step back on right, forward on left, in place with right (right-left-right) LADY: Step forward on right, back on left turning ¹/₂ turn (right-left- right) 73-80 Four polka steps forward (left-right-left, right-left-right, left-right, left-right) REPEAT



