## Western 8 Count Swing (P)



編舞者: Alex Buchmiller

音樂: Unknown



Position: Facing Position, plus Right & Left parallel. The following is the man's part; the lady's part is reversed.

Step forward left (you are now hip-to-hip in the right parallel position), rock back on right.
Step back left, rock forward on right.
Step forward left (you are now hip-to-hip in the left parallel position), rock back on right.
Step back left, rock forward on right.
Touch left heel to side (flare toes outward & move hips/shoulders to left), step left beside right (move hips/shoulders back to center).
Touch right to side (flare toes outward & move hips/shoulders to right), step right beside left (move hips/shoulders back to center).

## **REPEAT**